



DR. WILLIAM BENGSTON

INTENTION & ENERGY HEALING: DATA & RESULTS

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1
00:00:07,400 --> 00:00:03,849

[Music]

2
00:00:10,190 --> 00:00:07,410

the planet surfing masters almost surely

3
00:00:12,890 --> 00:00:10,200

have a plan that's clearly maybe

4
00:00:16,310 --> 00:00:12,900

something there beyond the realm of man

5
00:00:19,939 --> 00:00:16,320

an excuse already tested every time so

6
00:00:27,050 --> 00:00:19,949

just assign the more you think you know

7
00:00:42,740 --> 00:00:36,649

[Music]

8
00:00:45,240 --> 00:00:42,750

the high side that song

9
00:00:46,590 --> 00:00:45,250

all right higher side shadows we've come

10
00:00:48,360 --> 00:00:46,600

to understand their lives some

11
00:00:49,979 --> 00:00:48,370

interesting phenomenon at the crossroads

12
00:00:51,779 --> 00:00:49,989

of reality and consciousness but our

13
00:00:54,149 --> 00:00:51,789

material worldview overlords would

14

00:00:55,950 --> 00:00:54,159

rather we not discuss but having seen

15

00:00:57,750 --> 00:00:55,960

plenty of interesting data from studies

16

00:00:59,279 --> 00:00:57,760

and remote viewing telepathy and

17

00:01:02,039 --> 00:00:59,289

near-death experience just to name a few

18

00:01:03,719 --> 00:01:02,049

we realize it can't be ignored well the

19

00:01:05,070 --> 00:01:03,729

only thing our shadowy elite hate more

20

00:01:06,749 --> 00:01:05,080

than people discarding their

21

00:01:08,639 --> 00:01:06,759

pre-approved perspective is when it

22

00:01:10,260 --> 00:01:08,649

wanders into areas that mess with their

23

00:01:12,660 --> 00:01:10,270

money and today's guests might have done

24

00:01:14,760 --> 00:01:12,670

just that the highly respected doctor

25

00:01:16,529 --> 00:01:14,770

bill Bengston has been conducting

26

00:01:18,090 --> 00:01:16,539

research and anomalous healing for many

27

00:01:20,070 --> 00:01:18,100

years and has proven the effectiveness

28

00:01:21,779 --> 00:01:20,080

of his technique and ten controlled

29

00:01:23,850 --> 00:01:21,789

animal experiments conducted in five

30

00:01:25,800 --> 00:01:23,860

University biological and medical

31

00:01:28,050 --> 00:01:25,810

laboratories you can read more about it

32

00:01:30,029 --> 00:01:28,060

in his book the energy cure unraveling

33

00:01:31,859 --> 00:01:30,039

the mystery of hands on healing or pick

34

00:01:33,690 --> 00:01:31,869

up his audio training course and just

35

00:01:36,059 --> 00:01:33,700

dive in for yourself but to my knowledge

36

00:01:37,800 --> 00:01:36,069

he's done the most thorough scientific

37

00:01:39,480 --> 00:01:37,810

studies of the phenomenon on the planet

38

00:01:41,430 --> 00:01:39,490

so it's a real treat to have him here to

39

00:01:43,649 --> 00:01:41,440

talk about it dr. banks in my man

40

00:01:44,999 --> 00:01:43,659

welcome to the higher side thanks a lot

41

00:01:47,069 --> 00:01:45,009

appreciate being on

42

00:01:48,749 --> 00:01:47,079

yeah you got it this is really exciting

43

00:01:50,459 --> 00:01:48,759

man because there's a lot of speculation

44

00:01:52,469 --> 00:01:50,469

in the world a lot of people claim to

45

00:01:54,270 --> 00:01:52,479

have interesting mental abilities or

46

00:01:55,740 --> 00:01:54,280

otherworldly experiences that don't fit

47

00:01:57,959 --> 00:01:55,750

into what our mainstream culture is

48

00:01:59,880 --> 00:01:57,969

willing to accept and we sort of have to

49

00:02:02,190 --> 00:01:59,890

take their word for it or just reject it

50

00:02:03,870 --> 00:02:02,200

but when I can drag a closed-minded

51
00:02:05,669 --> 00:02:03,880
friend kicking and screaming into your

52
00:02:08,069 --> 00:02:05,679
research which I've done a few times now

53
00:02:09,900 --> 00:02:08,079
that's pretty satisfying to watch their

54
00:02:11,310 --> 00:02:09,910
reality tunnel breakdown as they try to

55
00:02:13,440 --> 00:02:11,320
deal with the implications of the

56
00:02:16,229 --> 00:02:13,450
so-called impossible I'm sure you've had

57
00:02:17,789 --> 00:02:16,239
some similar fun with this right well

58
00:02:19,979 --> 00:02:17,799
absolutely but I'm one of those people

59
00:02:22,530 --> 00:02:19,989
like your friends I'm not a believer in

60
00:02:25,140 --> 00:02:22,540
this stuff at all I just find the

61
00:02:28,050 --> 00:02:25,150
phenomenon of healing pretty interesting

62
00:02:30,059 --> 00:02:28,060
and it keeps happening and so I never

63
00:02:31,680 --> 00:02:30,069

default to belief I I don't think I have

64

00:02:34,470 --> 00:02:31,690

a believing bone in my body

65

00:02:36,750 --> 00:02:34,480

but the stuff keeps happening and so my

66

00:02:40,140 --> 00:02:36,760

skeptical attitude towards this stuff is

67

00:02:41,490 --> 00:02:40,150

being tested tested tested and as long

68

00:02:42,809 --> 00:02:41,500

as the data keep showing that

69

00:02:44,580 --> 00:02:42,819

something's going on there and it's

70

00:02:48,030 --> 00:02:44,590

pretty interesting that I'm going to

71

00:02:49,379 --> 00:02:48,040

keep at it fair points and so let's

72

00:02:50,940 --> 00:02:49,389

start at the beginning for people who

73

00:02:54,449 --> 00:02:50,950

might be new to this how did you get

74

00:02:55,470 --> 00:02:54,459

started in studying healing well it was

75

00:02:57,570 --> 00:02:55,480

a long time ago

76

00:03:00,330 --> 00:02:57,580

placed far far away we could probably

77

00:03:03,630 --> 00:03:00,340

make a movie about that and I was

78

00:03:06,630 --> 00:03:03,640

lifeguarding and I ran into a guy there

79

00:03:10,140 --> 00:03:06,640

who claimed he was a psychic things

80

00:03:13,080 --> 00:03:10,150

Bennett Merrick and so I skeptical then

81

00:03:15,690 --> 00:03:13,090

skeptical now I said well you know it's

82

00:03:17,850 --> 00:03:15,700

interesting I read some studies and some

83

00:03:20,820 --> 00:03:17,860

popular books and things like that I'm

84

00:03:22,740 --> 00:03:20,830

psychic stuff and I said well if you can

85

00:03:24,750 --> 00:03:22,750

do this let me test you so he said

86

00:03:27,809 --> 00:03:24,760

that's fine and I started to give him

87

00:03:29,729 --> 00:03:27,819

tests and and he was passing the test it

88

00:03:32,069 --> 00:03:29,739

was really it was interesting and

89

00:03:35,550 --> 00:03:32,079

frustrating and I figured if I design

90

00:03:37,949 --> 00:03:35,560

sufficiently complex double-blind

91

00:03:40,349 --> 00:03:37,959

studies that I could eventually find out

92

00:03:42,300 --> 00:03:40,359

that something else was going on but he

93

00:03:45,360 --> 00:03:42,310

beat me you know I mean the guy the guy

94

00:03:47,039 --> 00:03:45,370

was real he was a psychic he could do

95

00:03:50,430 --> 00:03:47,049

readings he did readings with

96

00:03:53,670 --> 00:03:50,440

astonishing accuracy I couldn't find a

97

00:03:55,680 --> 00:03:53,680

flaw in what was going on and his

98

00:03:58,920 --> 00:03:55,690

readings turned into physical readings

99

00:04:01,559 --> 00:03:58,930

and by that I mean kind of spontaneously

100

00:04:04,140 --> 00:04:01,569

instead of getting what would be called

101
00:04:07,170 --> 00:04:04,150
normal psychometry and telling about

102
00:04:08,970 --> 00:04:07,180
this or that and personal stuff he

103
00:04:12,059 --> 00:04:08,980
started to pick up physical symptoms on

104
00:04:15,870 --> 00:04:12,069
his own body and when that happened what

105
00:04:17,430 --> 00:04:15,880
was alleged to him was that the symptoms

106
00:04:20,190 --> 00:04:17,440
were leaving the person he was doing a

107
00:04:22,680 --> 00:04:20,200
reading of hmm and he thought that was

108
00:04:25,770 --> 00:04:22,690
crazy I of course thought it was crazy

109
00:04:28,290 --> 00:04:25,780
and so we started to pick up stuff

110
00:04:30,210 --> 00:04:28,300
people who were in pain and sick and

111
00:04:32,909 --> 00:04:30,220
things like that and he would pick up

112
00:04:35,730 --> 00:04:32,919
the symptoms on his own body and it

113
00:04:38,700 --> 00:04:35,740

seemed as if it was leaving the person

114

00:04:41,010 --> 00:04:38,710

and so this went on for I don't know a

115

00:04:43,409 --> 00:04:41,020

few months and I wasn't sure what to do

116

00:04:46,680 --> 00:04:43,419

with it and one day he and I were

117

00:04:50,129 --> 00:04:46,690

sitting in a kitchen and I ain't had a

118

00:04:51,750 --> 00:04:50,139

bad back for many years I was actually a

119

00:04:54,870 --> 00:04:51,760

competitive swimmer and had to give up a

120

00:04:57,360 --> 00:04:54,880

swimming scholarship and I was in kind

121

00:04:59,520 --> 00:04:57,370

of chronic pain all the time sometimes

122

00:05:01,950 --> 00:04:59,530

it would flare up sometimes not so bad

123

00:05:04,500 --> 00:05:01,960

but in this particular day was flaring

124

00:05:07,750 --> 00:05:04,510

up and he's telling me this story about

125

00:05:09,280 --> 00:05:07,760

how he had just relieved somebody's pain

126

00:05:10,990 --> 00:05:09,290

I'm sitting there thinking well you know

127

00:05:12,430 --> 00:05:11,000

you're the village idiot here the guys

128

00:05:14,440 --> 00:05:12,440

talking about relieving pain you're

129

00:05:16,390 --> 00:05:14,450

sitting here in pain let's do something

130

00:05:18,250 --> 00:05:16,400

here so just as I thought that I know

131

00:05:20,290 --> 00:05:18,260

this sounds preposterous but just as I

132

00:05:22,870 --> 00:05:20,300

thought that he grabs his back and he

133

00:05:24,340 --> 00:05:22,880

goes low somebody has a pain huh so I

134

00:05:27,130 --> 00:05:24,350

let him twist in the wind for a while

135

00:05:28,540 --> 00:05:27,140

and he's ruffling through his pockets

136

00:05:30,040 --> 00:05:28,550

shouldn't say well they don't have a

137

00:05:31,690 --> 00:05:30,050

pain they're another pain he's trying to

138

00:05:34,210 --> 00:05:31,700

figure out if he's carrying something of

139

00:05:35,680 --> 00:05:34,220

someone and he's going on and on again

140

00:05:37,750 --> 00:05:35,690

I'm just letting them twist out there

141

00:05:39,220 --> 00:05:37,760

because I'm a nasty person and then

142

00:05:41,050 --> 00:05:39,230

finally he says I don't know what to

143

00:05:45,940 --> 00:05:41,060

make of this I have a pain in my back

144

00:05:47,140 --> 00:05:45,950

and I said it's me and he says you and I

145

00:05:48,730 --> 00:05:47,150

said yeah what kind of a half-ass

146

00:05:50,320 --> 00:05:48,740

psychic are you you know you can't even

147

00:05:52,720 --> 00:05:50,330

tell us what I have a pain in the back

148

00:05:56,800 --> 00:05:52,730

he goes keep your pain yourself and I

149

00:05:58,960 --> 00:05:56,810

said better idea takes it and he said

150

00:06:01,540 --> 00:05:58,970

how and I said I don't know put your

151
00:06:04,540 --> 00:06:01,550
hands on my back and he said and then do

152
00:06:06,850 --> 00:06:04,550
what and I said fix the damn thing so I

153
00:06:08,920 --> 00:06:06,860
leaned over on a kitchen table said put

154
00:06:11,170 --> 00:06:08,930
your hands on my back put his hands on

155
00:06:14,350 --> 00:06:11,180
my back and he said now what I said just

156
00:06:16,740 --> 00:06:14,360
do it and his hands

157
00:06:19,660 --> 00:06:16,750
well not his hand too it was more a

158
00:06:22,690 --> 00:06:19,670
sensation of almost becoming novocaine

159
00:06:25,290 --> 00:06:22,700
dinh my back and the novocaine was I

160
00:06:27,790 --> 00:06:25,300
don't know five inches in diameter and

161
00:06:30,760 --> 00:06:27,800
then it wore off from the outside in and

162
00:06:33,880 --> 00:06:30,770
it was the last back pain I ever had hmm

163
00:06:36,880 --> 00:06:33,890

so I've been absolutely back pain free

164

00:06:38,740 --> 00:06:36,890

for now a gazillion years if it's a

165

00:06:39,340 --> 00:06:38,750

hysterical suppression the symptoms I'm

166

00:06:40,870 --> 00:06:39,350

fine with it

167

00:06:42,910 --> 00:06:40,880

because you know no matter what I do my

168

00:06:46,120 --> 00:06:42,920

back never hurts Wow

169

00:06:48,850 --> 00:06:46,130

and so I thought what are we going to do

170

00:06:50,650 --> 00:06:48,860

with this let's start putting his hands

171

00:06:53,650 --> 00:06:50,660

on other things and let's start seeing

172

00:06:56,020 --> 00:06:53,660

what's going on and so I'm dragging them

173

00:06:58,120 --> 00:06:56,030

around dragging his hands around putting

174

00:06:59,800 --> 00:06:58,130

them on this putting them on that and we

175

00:07:03,400 --> 00:06:59,810

started to see some patterns and the

176

00:07:06,100 --> 00:07:03,410

patterns were in crude terms pretty

177

00:07:08,200 --> 00:07:06,110

interesting some things seem to be

178

00:07:10,780 --> 00:07:08,210

affected some things not so much and

179

00:07:13,990 --> 00:07:10,790

that continues to this day and we found

180

00:07:16,840 --> 00:07:14,000

out that for example benign growth don't

181

00:07:19,490 --> 00:07:16,850

seem to respond to this malignant growth

182

00:07:21,620 --> 00:07:19,500

do and so

183

00:07:23,679 --> 00:07:21,630

started putting hands on people who have

184

00:07:27,639 --> 00:07:23,689

malignant growth

185

00:07:29,229 --> 00:07:27,649

dozens and dozens and dozens of people

186

00:07:31,749 --> 00:07:29,239

are malignant growths and it was a

187

00:07:33,429 --> 00:07:31,759

reasonably interesting phenomenon so the

188

00:07:35,709 --> 00:07:33,439

first I don't know a couple of hundred

189

00:07:38,919 --> 00:07:35,719

healings are pretty interesting but

190

00:07:41,709 --> 00:07:38,929

after a while if you're have a certain

191

00:07:42,819 --> 00:07:41,719

mindset what do you learn you know

192

00:07:45,869 --> 00:07:42,829

you're not learning anything

193

00:07:48,399 --> 00:07:45,879

so people were getting better sometimes

194

00:07:50,619 --> 00:07:48,409

sometimes they would get mad to run away

195

00:07:53,379 --> 00:07:50,629

people don't like healing very much and

196

00:07:55,719 --> 00:07:53,389

I needed to get to what the underlying

197

00:07:58,449 --> 00:07:55,729

mechanism was so that's essentially how

198

00:08:00,429 --> 00:07:58,459

I got started I took my work from the

199

00:08:02,799 --> 00:08:00,439

clinical stuff I went backwards and then

200

00:08:05,229 --> 00:08:02,809

went into the lab mm-hmm and that's

201
00:08:07,329 --> 00:08:05,239
what's so impressive to me about this is

202
00:08:09,100 --> 00:08:07,339
that you know you were able to get

203
00:08:11,290 --> 00:08:09,110
started on this with no real training

204
00:08:12,819 --> 00:08:11,300
and it just seemed to be kind of a

205
00:08:15,279 --> 00:08:12,829
random occurrence which makes me wonder

206
00:08:17,199 --> 00:08:15,289
why we don't see more just organic

207
00:08:20,109 --> 00:08:17,209
discoveries of this phenomenon if it

208
00:08:22,299 --> 00:08:20,119
seems to be so you know easy to do are

209
00:08:23,919 --> 00:08:22,309
you talking about lab work well just in

210
00:08:25,539 --> 00:08:23,929
what you've told us so far kind of

211
00:08:27,429 --> 00:08:25,549
before you got to the lab work it seemed

212
00:08:30,009 --> 00:08:27,439
like it didn't take very many trials

213
00:08:32,409 --> 00:08:30,019

before you had immediate successes yeah

214

00:08:34,329 --> 00:08:32,419

the successes started right away and one

215

00:08:36,999 --> 00:08:34,339

of the interesting things about this guy

216

00:08:38,379 --> 00:08:37,009

who's no longer with us and but one of

217

00:08:41,319 --> 00:08:38,389

the interesting things about this guy

218

00:08:44,650 --> 00:08:41,329

was that he had no trainer he just kind

219

00:08:47,559 --> 00:08:44,660

of morphed into a psychic when he was in

220

00:08:49,389 --> 00:08:47,569

his late 40s he wasn't a psychic before

221

00:08:51,249 --> 00:08:49,399

that he morphed into being a psychic

222

00:08:55,780 --> 00:08:51,259

that he morphed into being a healer and

223

00:08:57,939 --> 00:08:55,790

then he went on from there so I would

224

00:09:00,910 --> 00:08:57,949

suspect that there's probably a bunch of

225

00:09:02,530 --> 00:09:00,920

people out there like this I mean this

226

00:09:05,259 --> 00:09:02,540

you know he can't be the only one

227

00:09:07,869 --> 00:09:05,269

walking around like this so we just kind

228

00:09:09,340 --> 00:09:07,879

of glommed onto it and said well let's

229

00:09:12,160 --> 00:09:09,350

get to what's actually going on here

230

00:09:14,230 --> 00:09:12,170

right and now as you got into lab

231

00:09:16,389 --> 00:09:14,240

experiments you did a lot of research on

232

00:09:17,949 --> 00:09:16,399

cancer and mice and for people who might

233

00:09:20,290 --> 00:09:17,959

not have a background in scientific

234

00:09:22,179 --> 00:09:20,300

research tell us why the mice model and

235

00:09:24,850 --> 00:09:22,189

the parameters of it are really a pretty

236

00:09:26,769 --> 00:09:24,860

perfect situation for measuring this

237

00:09:30,110 --> 00:09:26,779

type of thing

238

00:09:32,420 --> 00:09:30,120

well when you do normal research and I'm

239

00:09:34,639 --> 00:09:32,430

going to say mine's not normal though my

240

00:09:37,249 --> 00:09:34,649

path hasn't been normal when you do

241

00:09:39,410 --> 00:09:37,259

normal research you usually start with

242

00:09:42,079 --> 00:09:39,420

what are called preclinical model so you

243

00:09:44,600 --> 00:09:42,089

do animals and cell cultures and things

244

00:09:46,429 --> 00:09:44,610

like that and then eventually move into

245

00:09:49,939 --> 00:09:46,439

clinical where you're dealing with

246

00:09:51,499 --> 00:09:49,949

people and I did the reverse we just

247

00:09:53,150 --> 00:09:51,509

started putting hands on here and

248

00:09:55,429 --> 00:09:53,160

putting hands on there and just kind of

249

00:09:58,400 --> 00:09:55,439

taking gross observations about what was

250

00:10:00,049 --> 00:09:58,410

happening and then I move backwards into

251

00:10:03,290 --> 00:10:00,059

the lab to try to find out what's

252

00:10:06,619 --> 00:10:03,300

already going on but to answer your

253

00:10:10,790 --> 00:10:06,629

question about why the lab is so good

254

00:10:12,410 --> 00:10:10,800

the mouse model that we used first and

255

00:10:15,650 --> 00:10:12,420

this was done at City University of New

256

00:10:18,560 --> 00:10:15,660

York and there are many models like this

257

00:10:20,630 --> 00:10:18,570

you know exactly what can happen

258

00:10:22,850 --> 00:10:20,640

you know exactly when the mice got

259

00:10:24,950 --> 00:10:22,860

cancer you know exactly what's going to

260

00:10:26,390 --> 00:10:24,960

happen after they get cancer you're

261

00:10:29,120 --> 00:10:26,400

going to know exactly how long each

262

00:10:32,360 --> 00:10:29,130

Mouse is going to live in the aggregate

263

00:10:35,930 --> 00:10:32,370

so it's a very controlled environment if

264

00:10:38,930 --> 00:10:35,940

you have a person I mean you don't even

265

00:10:41,270 --> 00:10:38,940

know when a person got sick the client

266

00:10:44,180 --> 00:10:41,280

walks in off the street and says I have

267

00:10:45,530 --> 00:10:44,190

a tumor I have this I have that and you

268

00:10:48,260 --> 00:10:45,540

really don't know anything about it I

269

00:10:50,750 --> 00:10:48,270

mean people walk around with cancer all

270

00:10:54,950 --> 00:10:50,760

the time yeah there's some suspicion

271

00:10:59,120 --> 00:10:54,960

that everybody has cancer mm-hmm and

272

00:11:01,480 --> 00:10:59,130

that's discovered by autopsies of young

273

00:11:03,980 --> 00:11:01,490

people who died in car accidents and

274

00:11:05,780 --> 00:11:03,990

when they're doing the autopsy and

275

00:11:07,850 --> 00:11:05,790

they're taking histology of this and

276

00:11:10,220 --> 00:11:07,860

that it turns out virtually everybody

277

00:11:13,370 --> 00:11:10,230

has cancer but that's very different

278

00:11:14,780 --> 00:11:13,380

from a disease right just like you've

279

00:11:17,330 --> 00:11:14,790

got a whole bunch of bacteria and

280

00:11:19,940 --> 00:11:17,340

viruses and a good chunk of your cells

281

00:11:21,290 --> 00:11:19,950

are not of your origin and you're

282

00:11:24,950 --> 00:11:21,300

walking around you're not sick you're

283

00:11:29,000 --> 00:11:24,960

just you're a colony and sometimes some

284

00:11:30,740 --> 00:11:29,010

of the cells go rogue and they're just

285

00:11:32,840 --> 00:11:30,750

floating around in your system and then

286

00:11:34,700 --> 00:11:32,850

your immune system scoops them up and

287

00:11:37,910 --> 00:11:34,710

gets rid of them yeah that's very

288

00:11:40,640 --> 00:11:37,920

different than being sick so someone

289

00:11:42,680 --> 00:11:40,650

comes to you and they have a tumor you

290

00:11:44,750 --> 00:11:42,690

have no idea how long they've had it you

291

00:11:47,290 --> 00:11:44,760

have no idea what's going on and frankly

292

00:11:51,020 --> 00:11:47,300

you know let's say a person walks in and

293

00:11:53,270 --> 00:11:51,030

says I have this tumor and you put your

294

00:11:54,860 --> 00:11:53,280

hands on and then you put your hands on

295

00:11:57,680 --> 00:11:54,870

you put your hands on you do a bunch of

296

00:12:02,230 --> 00:11:57,690

treatments I mean that's wonderful but

297

00:12:04,960 --> 00:12:02,240

you don't know whether it was time

298

00:12:06,160 --> 00:12:04,970

the body would have done it anyway you

299

00:12:08,530 --> 00:12:06,170

don't know whether it's because they ate

300

00:12:09,400 --> 00:12:08,540

a grapefruit you don't know whether it's

301

00:12:11,800 --> 00:12:09,410

because they didn't eat a grapefruit

302

00:12:13,120 --> 00:12:11,810

they had an extra vitamin C they didn't

303

00:12:16,300 --> 00:12:13,130

have an extra vitamin I mean you don't

304

00:12:19,420 --> 00:12:16,310

know people are too complex yeah she

305

00:12:22,269 --> 00:12:19,430

going to lab and you have mice you know

306

00:12:23,710 --> 00:12:22,279

exactly who they are where they came

307

00:12:25,300 --> 00:12:23,720

from how long they're going to live

308

00:12:27,460 --> 00:12:25,310

everything about them you know they've

309

00:12:29,829 --> 00:12:27,470

eaten how long they've slept give

310

00:12:33,340 --> 00:12:29,839

everything about them and the particular

311

00:12:35,650 --> 00:12:33,350

model I work with wasn't chosen by me it

312

00:12:38,460 --> 00:12:35,660

was chosen by an oncology lab it's a

313

00:12:41,800 --> 00:12:38,470

mammary cancer and the short version is

314

00:12:43,660 --> 00:12:41,810

you get a particular kind of mouse you

315

00:12:45,840 --> 00:12:43,670

inject it with a certain number of cells

316

00:12:48,010 --> 00:12:45,850

usually about a hundred thousand and

317

00:12:51,010 --> 00:12:48,020

then you know exactly what's going to

318

00:12:53,740 --> 00:12:51,020

happen the one I used a hundred percent

319

00:12:56,710 --> 00:12:53,750

of the mice in 20 years of research and

320

00:13:00,250 --> 00:12:56,720

thousands of papers hundred percent of

321

00:13:02,860 --> 00:13:00,260

the mice died in 27 days they don't die

322

00:13:04,630 --> 00:13:02,870

all on the 27th day it follows kind of a

323

00:13:06,430 --> 00:13:04,640

normal bell curve in a certain

324

00:13:07,960 --> 00:13:06,440

percentage die on a certain day and a

325

00:13:11,620 --> 00:13:07,970

certain percentage on the next day and

326

00:13:13,569 --> 00:13:11,630

such but it's a very very tight model if

327

00:13:15,310 --> 00:13:13,579

you're geeky and you want to talk about

328

00:13:17,470 --> 00:13:15,320

standard deviations the standard

329

00:13:20,440 --> 00:13:17,480

deviation of death is three days which

330

00:13:24,100 --> 00:13:20,450

means two-thirds of the mice die plus or

331

00:13:27,880 --> 00:13:24,110

minus the particular three days and no

332

00:13:29,440 --> 00:13:27,890

mouse has ever lived past day 27 the

333

00:13:33,160 --> 00:13:29,450

other good thing about this model is

334

00:13:36,519 --> 00:13:33,170

that everything is on the external

335

00:13:38,800 --> 00:13:36,529

so nothing metastasizes you just get a

336

00:13:41,199 --> 00:13:38,810

mouse with an ugly growth and the growth

337

00:13:44,110 --> 00:13:41,209

gets bigger and uglier and then the

338

00:13:45,460 --> 00:13:44,120

mouse dies and so you can measure it you

339

00:13:47,710 --> 00:13:45,470

can weigh it you can do anything you

340

00:13:50,019 --> 00:13:47,720

want and so lots of people all over the

341

00:13:52,870 --> 00:13:50,029

world use this particular mouse model so

342

00:13:54,040 --> 00:13:52,880

it's very very very common and so I said

343

00:13:57,340 --> 00:13:54,050

we'll give me something that's common

344

00:14:00,490 --> 00:13:57,350

and so this became the model I started

345

00:14:03,639 --> 00:14:00,500

with and so the benefit of the lab work

346

00:14:05,260 --> 00:14:03,649

is that we know you can do very very

347

00:14:08,230 --> 00:14:05,270

detailed work and you know everything

348

00:14:10,360 --> 00:14:08,240

about the animal mm-hmm right and it is

349

00:14:12,970 --> 00:14:10,370

good for people to have that context of

350

00:14:15,430 --> 00:14:12,980

the model that you are using and how

351
00:14:15,820 --> 00:14:15,440
reliable it is so walk us through the

352
00:14:17,950 --> 00:14:15,830
first

353
00:14:20,200 --> 00:14:17,960
experiment and where you got to that big

354
00:14:23,860 --> 00:14:20,210
Eureka moment yeah I was kind of

355
00:14:26,410 --> 00:14:23,870
flopping on the floor it it caught me

356
00:14:28,570 --> 00:14:26,420
off guard again I come to this for as a

357
00:14:30,970 --> 00:14:28,580
skeptic and I thought well let's see

358
00:14:32,620 --> 00:14:30,980
what happens we get some ice we have

359
00:14:35,140 --> 00:14:32,630
them injected all of the course is done

360
00:14:37,630 --> 00:14:35,150
by the biologists and we put our hands

361
00:14:40,090 --> 00:14:37,640
around a cage let's see what happens to

362
00:14:41,170 --> 00:14:40,100
the mice and I'm thinking well we're

363
00:14:42,730 --> 00:14:41,180

going to have very controlled

364

00:14:44,980 --> 00:14:42,740

environment we can see what's going on

365

00:14:47,770 --> 00:14:44,990

and now among the things I am is a

366

00:14:49,780 --> 00:14:47,780

statistician and so I thought I would be

367

00:14:52,000 --> 00:14:49,790

doing statistical analyses of this

368

00:14:54,720 --> 00:14:52,010

different shapes of the curves of death

369

00:14:57,640 --> 00:14:54,730

and all the stuff so we started out and

370

00:15:00,640 --> 00:14:57,650

the original person who was going to do

371

00:15:03,640 --> 00:15:00,650

these experiments was of course Ben

372

00:15:06,970 --> 00:15:03,650

Merrick the guy who dragged me down this

373

00:15:08,710 --> 00:15:06,980

crazy path and he backed out and and

374

00:15:10,480 --> 00:15:08,720

that wasn't good for my team I kind of

375

00:15:11,890 --> 00:15:10,490

had a fit because it was very difficult

376

00:15:14,110 --> 00:15:11,900

to set this up yeah

377

00:15:15,610 --> 00:15:14,120

and so months and months went into the

378

00:15:18,310 --> 00:15:15,620

planning of this experiment and he

379

00:15:21,130 --> 00:15:18,320

backed out and then we'd left with mice

380

00:15:23,470 --> 00:15:21,140

are coming and we have no healer so I'm

381

00:15:26,680 --> 00:15:23,480

not a healer but I was then volunteered

382

00:15:29,680 --> 00:15:26,690

because there was no plan B or I guess

383

00:15:31,480 --> 00:15:29,690

Plan C for anybody else to do this so I

384

00:15:34,300 --> 00:15:31,490

had followed him around a lot and

385

00:15:36,160 --> 00:15:34,310

learned a lot and watched a lot and so I

386

00:15:38,500 --> 00:15:36,170

became the substitute healer on this

387

00:15:40,270 --> 00:15:38,510

thing so I went to the lab and put my

388

00:15:42,970 --> 00:15:40,280

hands around the cage for an hour a day

389

00:15:45,340 --> 00:15:42,980

we had no idea how long you need to do

390

00:15:49,140 --> 00:15:45,350

this and we figure we watch see what

391

00:15:52,769 --> 00:15:49,150

happens and I was thinking at the time

392

00:15:55,500 --> 00:15:52,779

maybe healing is like

393

00:15:57,330 --> 00:15:55,510

radiation

394

00:15:58,800 --> 00:15:57,340

is that you know I'm thinking I'm

395

00:16:00,750 --> 00:15:58,810

napping something if something that's

396

00:16:02,760 --> 00:16:00,760

going to work so if the mice are just

397

00:16:06,180 --> 00:16:02,770

injected with cancer a couple of days

398

00:16:08,190 --> 00:16:06,190

earlier and you know we go thing then

399

00:16:11,670 --> 00:16:08,200

maybe like radiation it'll kill the

400

00:16:13,710 --> 00:16:11,680

cells and all that stuff and instead the

401

00:16:17,579 --> 00:16:13,720

tumors are growing

402

00:16:20,009 --> 00:16:17,589

and so I'm I'm an empiricist you know

403

00:16:21,389 --> 00:16:20,019

and here are the data and so the tumors

404

00:16:25,139 --> 00:16:21,399

are growing and I said well it's not

405

00:16:27,119 --> 00:16:25,149

working let's cancel this thing and the

406

00:16:29,309 --> 00:16:27,129

people who had set this up and spent

407

00:16:31,650 --> 00:16:29,319

quite a bit of time setting it up said

408

00:16:32,939 --> 00:16:31,660

well just do it a couple more days so I

409

00:16:34,710 --> 00:16:32,949

get alright I'll do it a couple more

410

00:16:36,410 --> 00:16:34,720

days so I'm putting my hands around the

411

00:16:39,900 --> 00:16:36,420

cage for an hour a day

412

00:16:42,509 --> 00:16:39,910

tumors keep growing and I said come on

413

00:16:45,800 --> 00:16:42,519

they're growing and they said yeah but

414

00:16:47,730 --> 00:16:45,810

you know they they don't seem sick and

415

00:16:49,350 --> 00:16:47,740

it's true they seem bright-eyed

416

00:16:50,939 --> 00:16:49,360

bushy-tailed but they had these ugly

417

00:16:52,769 --> 00:16:50,949

growths and I'm thinking well if they

418

00:16:55,170 --> 00:16:52,779

have the gross and I couldn't prevent

419

00:16:58,530 --> 00:16:55,180

the cancer from growing I'm probably not

420

00:17:01,199 --> 00:16:58,540

having any effect at all go on a couple

421

00:17:03,540 --> 00:17:01,209

more days I do it a couple more days

422

00:17:05,449 --> 00:17:03,550

tumors getting even bigger and now it's

423

00:17:08,270 --> 00:17:05,459

getting huge and I'm going come on folks

424

00:17:12,059 --> 00:17:08,280

pay attention the thing doesn't work and

425

00:17:15,210 --> 00:17:12,069

so a couple more days the tumor get a

426

00:17:17,280 --> 00:17:15,220

blackened area on the tip of it and now

427

00:17:20,370 --> 00:17:17,290

I'm sure they're dying

428

00:17:22,410 --> 00:17:20,380

a couple more days I merged the tumour

429

00:17:23,970 --> 00:17:22,420

also rates

430

00:17:26,400 --> 00:17:23,980

nobody had ever seen this alteration

431

00:17:29,880 --> 00:17:26,410

before and I'm thinking well they're

432

00:17:31,950 --> 00:17:29,890

dying we got to stop give you an idea of

433

00:17:33,510 --> 00:17:31,960

my belief in this stuff and they say

434

00:17:38,150 --> 00:17:33,520

couple more days and then the tumor

435

00:17:41,700 --> 00:17:38,160

implodes and then my secured damn

436

00:17:43,650 --> 00:17:41,710

damndest thing damndest thing I mean

437

00:17:45,750 --> 00:17:43,660

when we got the results that the mice

438

00:17:47,880 --> 00:17:45,760

are cured they're not remitted I mean we

439

00:17:50,010 --> 00:17:47,890

didn't know that at the time but these

440

00:17:52,560 --> 00:17:50,020

aren't remitted mice because it's not a

441

00:17:54,080 --> 00:17:52,570

relief of symptoms they're cured for

442

00:17:56,450 --> 00:17:54,090

life

443

00:17:59,900 --> 00:17:56,460

so we watch them for their entire

444

00:18:01,940 --> 00:17:59,910

lifespan and it gets even nuttier we can

445

00:18:05,150 --> 00:18:01,950

re-inject them during their entire

446

00:18:08,450 --> 00:18:05,160

lifespan and they can't get cancer again

447

00:18:08,870 --> 00:18:08,460

yeah and that to me is is the wildest

448

00:18:11,390 --> 00:18:08,880

thing

449

00:18:11,900 --> 00:18:11,400

well it's nutty I mean you know give me

450

00:18:14,180 --> 00:18:11,910

a break

451

00:18:16,460 --> 00:18:14,190

this is silly mm-hmm but here are the

452

00:18:18,830 --> 00:18:16,470

data you know so again I don't come as a

453

00:18:20,540 --> 00:18:18,840

believer I'm going it didn't happen the

454

00:18:22,370 --> 00:18:20,550

way I wanted to that didn't happen the

455

00:18:25,400 --> 00:18:22,380

way I expected it to nothing goes the

456

00:18:27,830 --> 00:18:25,410

way I expected to and so I've concluded

457

00:18:31,670 --> 00:18:27,840

that this is not anything like a

458

00:18:35,420 --> 00:18:31,680

psychokinetic effect certainly nature is

459

00:18:37,400 --> 00:18:35,430

not doing what I wanted to I didn't want

460

00:18:38,990 --> 00:18:37,410

the tumors I thought if it was going to

461

00:18:42,440 --> 00:18:39,000

be successful the tumors would never

462

00:18:44,960 --> 00:18:42,450

grow but they grow and then they also

463

00:18:47,690 --> 00:18:44,970

rate and then they implode what's not my

464

00:18:50,720 --> 00:18:47,700

doing I didn't script this so Nature has

465

00:18:52,730 --> 00:18:50,730

a weird sense of humor and she takes it

466

00:18:55,310 --> 00:18:52,740

the way she wants to go with it but the

467

00:18:57,590 --> 00:18:55,320

cures are not healing is not a

468

00:19:00,800 --> 00:18:57,600

psychokinetic effect it's not you

469

00:19:04,910 --> 00:19:00,810

getting what you want at least insofar

470

00:19:06,380 --> 00:19:04,920

as the stages go to full cure I mean it

471

00:19:08,330 --> 00:19:06,390

is interesting we find that the body

472

00:19:10,130 --> 00:19:08,340

does a lot of things that we don't

473

00:19:11,810 --> 00:19:10,140

necessarily know how to do like if you

474

00:19:13,640 --> 00:19:11,820

you can't really beat your heart on

475

00:19:15,890 --> 00:19:13,650

command it just kind of happens all the

476
00:19:17,660 --> 00:19:15,900
time and yeah no you can't pump blood to

477
00:19:20,600 --> 00:19:17,670
a certain part of your body on demand it

478
00:19:22,580 --> 00:19:20,610
just it happens so the idea that you

479
00:19:24,500 --> 00:19:22,590
don't need to know exactly how it's

480
00:19:26,240 --> 00:19:24,510
happening it's not that hard to believe

481
00:19:28,280 --> 00:19:26,250
but with results like this people are

482
00:19:29,900 --> 00:19:28,290
going to want to know more about the

483
00:19:32,270 --> 00:19:29,910
tool that did it what can you tell us

484
00:19:35,150 --> 00:19:32,280
about this method you developed and how

485
00:19:38,480 --> 00:19:35,160
you perfected it well the method is

486
00:19:41,570 --> 00:19:38,490
still evolving but in the time I spent

487
00:19:45,350 --> 00:19:41,580
with Ben he's a weird guy you know and

488
00:19:47,810 --> 00:19:45,360

among his weird qualities was an

489

00:19:51,320 --> 00:19:47,820

apparent ability to answer questions he

490

00:19:53,840 --> 00:19:51,330

didn't know anything about and I have a

491

00:19:55,670 --> 00:19:53,850

tendency to ask a lot of questions so I

492

00:19:57,020 --> 00:19:55,680

would ask a question he'd give an answer

493

00:19:59,720 --> 00:19:57,030

and neither of us would understand what

494

00:20:02,600 --> 00:19:59,730

Allie just said and making this a

495

00:20:04,640 --> 00:20:02,610

reasonably long story much shorter I

496

00:20:07,880 --> 00:20:04,650

asked them a whole lot of questions

497

00:20:10,400 --> 00:20:07,890

about how what he was doing naturally or

498

00:20:13,039 --> 00:20:10,410

on taneous Lee could be reproduced by

499

00:20:18,499 --> 00:20:15,649

and fast forwarding a couple of thousand

500

00:20:20,989 --> 00:20:18,509

questions we started to get a glimpse or

501
00:20:25,850 --> 00:20:20,999
started to understand what would have to

502
00:20:27,909 --> 00:20:25,860
happen to a inexperienced novice to

503
00:20:30,919 --> 00:20:27,919
reproduce what he was doing just

504
00:20:34,999 --> 00:20:30,929
naturally and this became the method and

505
00:20:36,859 --> 00:20:35,009
so the method is called image cycling I

506
00:20:38,749 --> 00:20:36,869
mean that's the base method and

507
00:20:41,149 --> 00:20:38,759
incidentally just for anybody hearing

508
00:20:43,669 --> 00:20:41,159
this I don't have any proprietary secret

509
00:20:46,759 --> 00:20:43,679
information all this stuff is published

510
00:20:49,609 --> 00:20:46,769
so I have written instructions on how to

511
00:20:52,249 --> 00:20:49,619
do this I have a training audio tape on

512
00:20:54,289 --> 00:20:52,259
how to reproduce this effect I give

513
00:20:56,690 --> 00:20:54,299

workshops teaching people how to do this

514

00:20:59,840 --> 00:20:56,700

so anybody can learn you don't I'm not a

515

00:21:02,799 --> 00:20:59,850

healer but healing happens and so the

516

00:21:04,940 --> 00:21:02,809

method we called image cycling and

517

00:21:07,940 --> 00:21:04,950

probably been wouldn't recognize it

518

00:21:10,009 --> 00:21:07,950

today but it's still the same plot then

519

00:21:13,849 --> 00:21:10,019

the general idea is this you're going

520

00:21:18,049 --> 00:21:13,859

through a very very very rapid imaging

521

00:21:24,259 --> 00:21:18,059

process of very specific concrete things

522

00:21:27,710 --> 00:21:24,269

that you want and we try to start with a

523

00:21:31,099 --> 00:21:27,720

list of at least 20 things very very

524

00:21:34,999 --> 00:21:31,109

precise so I want a blue Miata

525

00:21:36,919 --> 00:21:35,009

I want a red Porsche I'm just kidding

526

00:21:39,349 --> 00:21:36,929

car examples which is kind of weird for

527

00:21:41,570 --> 00:21:39,359

me because I don't like cars what's a

528

00:21:44,359 --> 00:21:41,580

cool car a Tesla you know I need a green

529

00:21:46,729 --> 00:21:44,369

Tesla I'm making stuff up so the first

530

00:21:49,399 --> 00:21:46,739

picture is me driving a green Tesla the

531

00:21:52,099 --> 00:21:49,409

second picture is me at the top of Mount

532

00:21:54,399 --> 00:21:52,109

Everest the third picture is me and you

533

00:21:57,139 --> 00:21:54,409

know etc etc and these are all end

534

00:21:59,749 --> 00:21:57,149

images

535

00:22:04,519 --> 00:21:59,759

there's nothing to do with the means to

536

00:22:06,409 --> 00:22:04,529

the end so for example if you ask any

537

00:22:08,269 --> 00:22:06,419

group of people and I would include your

538

00:22:10,579 --> 00:22:08,279

listeners God never found an exception

539

00:22:12,400 --> 00:22:10,589

if you ask any group of people what they

540

00:22:13,930 --> 00:22:12,410

want

541

00:22:17,710 --> 00:22:13,940

first of all they have difficulty coming

542

00:22:20,680 --> 00:22:17,720

up with 20 things and then they think I

543

00:22:22,450 --> 00:22:20,690

really only want three and everybody

544

00:22:25,660 --> 00:22:22,460

says the same three things it's really

545

00:22:28,990 --> 00:22:25,670

quite astonishing so for example they

546

00:22:32,260 --> 00:22:29,000

say I want to be happy

547

00:22:34,930 --> 00:22:32,270

now that has no content right the second

548

00:22:35,890 --> 00:22:34,940

thing they say is I want money and then

549

00:22:38,170 --> 00:22:35,900

of course they think money will make

550

00:22:40,300 --> 00:22:38,180

them happy too and the third thing they

551

00:22:42,760 --> 00:22:40,310

say is I want to be healthy

552

00:22:45,070 --> 00:22:42,770

now none of those things can go on the

553

00:22:50,830 --> 00:22:48,490

big generality and they're not endpoints

554

00:22:55,370 --> 00:22:50,840

so if you want money because you want to

555

00:22:57,680 --> 00:22:55,380

buy a car it's the car you want

556

00:22:59,539 --> 00:22:57,690

and if you think money if I had money

557

00:23:01,789 --> 00:22:59,549

I'd be able to buy the car yeah but if

558

00:23:03,830 --> 00:23:01,799

it's the car you want it's the car

559

00:23:06,470 --> 00:23:03,840

that's the image yeah focus on the car

560

00:23:08,570 --> 00:23:06,480

yeah and how you get it whether you get

561

00:23:10,430 --> 00:23:08,580

it because you win the lottery or if you

562

00:23:12,470 --> 00:23:10,440

come into a lot of money or somebody

563

00:23:13,190 --> 00:23:12,480

gives you a car for Christmas it doesn't

564

00:23:16,100 --> 00:23:13,200

make any difference

565

00:23:17,570 --> 00:23:16,110

you got the car I want to be happy I

566

00:23:18,799 --> 00:23:17,580

have no idea what that means you know do

567

00:23:20,299 --> 00:23:18,809

something you want to walk around a big

568

00:23:24,230 --> 00:23:20,309

grin all the time does that mean you

569

00:23:26,720 --> 00:23:24,240

want a car so these images are very very

570

00:23:29,330 --> 00:23:26,730

very specific and they're burned into

571

00:23:32,360 --> 00:23:29,340

your brain takes a while this is not an

572

00:23:35,390 --> 00:23:32,370

easy technique incidentally and then you

573

00:23:36,289 --> 00:23:35,400

image them very very rapidly and I mean

574

00:23:38,180 --> 00:23:36,299

very rapidly

575

00:23:41,149 --> 00:23:38,190

you'd never believe how rapid you can do

576

00:23:43,070 --> 00:23:41,159

this again this goes to training CDs and

577

00:23:44,810 --> 00:23:43,080

things like that and workshops and it

578

00:23:46,580 --> 00:23:44,820

takes a while but by the end of a

579

00:23:48,860 --> 00:23:46,590

two-day workshop I've got people going

580

00:23:51,649 --> 00:23:48,870

several thousand images a second at

581

00:23:53,440 --> 00:23:51,659

least and then they leave and then they

582

00:23:56,330 --> 00:23:53,450

go practice and they get really fast and

583

00:23:58,820 --> 00:23:56,340

so the first step is this image cycling

584

00:24:00,830 --> 00:23:58,830

which is a pain I don't know anything

585

00:24:03,140 --> 00:24:00,840

about comparative feeling but I'm told

586

00:24:05,299 --> 00:24:03,150

there are healing techniques that you

587

00:24:06,680 --> 00:24:05,309

can master you know in five seconds and

588

00:24:08,960 --> 00:24:06,690

you can do everything you know will

589

00:24:10,880 --> 00:24:08,970

debit they're better than me mine is a

590

00:24:14,240 --> 00:24:10,890

pain and it takes a lot of practice and

591

00:24:16,250 --> 00:24:14,250

it's annoying and I get cursed out so

592

00:24:17,600 --> 00:24:16,260

for people who are trying to kind of

593

00:24:19,190 --> 00:24:17,610

conceptualize this method a little

594

00:24:20,870 --> 00:24:19,200

further would you say it's more in the

595

00:24:24,049 --> 00:24:20,880

realm of what people might think of as

596

00:24:25,970 --> 00:24:24,059

neuro linguistic programming no I think

597

00:24:29,299 --> 00:24:25,980

it's a matter of just grinding out

598

00:24:33,619 --> 00:24:29,309

practise of a new skill

599

00:24:36,730 --> 00:24:33,629

of extremely rapid imaging and as in

600

00:24:41,810 --> 00:24:36,740

anything anything that you master

601
00:24:44,509 --> 00:24:41,820
becomes mindless so if you're learning a

602
00:24:45,919 --> 00:24:44,519
new skill you start mindfully and then

603
00:24:48,289 --> 00:24:45,929
if you once you get pretty good at it

604
00:24:52,519 --> 00:24:48,299
you then you've programmed yourself you

605
00:24:54,529 --> 00:24:52,529
transition to mindless so if I mean can

606
00:24:56,389 --> 00:24:54,539
you sports analogies I'm going to teach

607
00:24:58,610 --> 00:24:56,399
you a backhand in tennis and I feed you

608
00:25:00,289 --> 00:24:58,620
a backhand and you hit it in the wrong

609
00:25:02,899 --> 00:25:00,299
direction I feed you a backhand I feed

610
00:25:04,249 --> 00:25:02,909
you a couple thousand feeds later you

611
00:25:06,080 --> 00:25:04,259
hit in the right direction a couple

612
00:25:08,210 --> 00:25:06,090
thousand feet later it's starting to do

613
00:25:10,869 --> 00:25:08,220

what you want it to do a couple of

614

00:25:13,340 --> 00:25:10,879

thousand feet later you can feel it and

615

00:25:17,480 --> 00:25:13,350

then after a while it becomes just a

616

00:25:19,820 --> 00:25:17,490

natural flow the flow is the state you

617

00:25:21,919 --> 00:25:19,830

want to be in but just like learning how

618

00:25:24,019 --> 00:25:21,929

to master tennis or learning how to

619

00:25:27,080 --> 00:25:24,029

master anything requires a lot of

620

00:25:30,009 --> 00:25:27,090

mindful practice before a transition to

621

00:25:31,820 --> 00:25:30,019

mindless so when you were a little kid

622

00:25:34,100 --> 00:25:31,830

trying to learn how to take your first

623

00:25:35,659 --> 00:25:34,110

steps you look like an idiot yeah and

624

00:25:37,129 --> 00:25:35,669

you kept falling you got up you got

625

00:25:38,450 --> 00:25:37,139

falling you got up you got falling you

626

00:25:40,580 --> 00:25:38,460

got up you got falling and then one day

627

00:25:41,139 --> 00:25:40,590

phase transition and you're off and

628

00:25:44,359 --> 00:25:41,149

running

629

00:25:47,419 --> 00:25:44,369

these techniques like image cycling work

630

00:25:48,919 --> 00:25:47,429

roughly the same way right on and you

631

00:25:50,450 --> 00:25:48,929

mentioned comparative healing and not

632

00:25:51,980 --> 00:25:50,460

knowing much about that of course and

633

00:25:54,230 --> 00:25:51,990

there is a New Age culture that talks

634

00:25:56,840 --> 00:25:54,240

about love and light healing the power

635

00:25:59,509 --> 00:25:56,850

of intention crystals Reiki and all that

636

00:26:01,279 --> 00:25:59,519

stuff do you see any connection to the

637

00:26:04,399 --> 00:26:01,289

method you developed and these type of

638

00:26:07,909 --> 00:26:04,409

things New Agers claims I don't know

639

00:26:09,680 --> 00:26:07,919

enough about that world yeah so I'm not

640

00:26:13,639 --> 00:26:09,690

a healer

641

00:26:16,279 --> 00:26:13,649

and I'm studying the stuff that I'm

642

00:26:19,369 --> 00:26:16,289

producing and that I'm training other

643

00:26:21,560 --> 00:26:19,379

people to produce and I that that fills

644

00:26:23,570 --> 00:26:21,570

my plate enough yeah I'm not in the

645

00:26:25,820 --> 00:26:23,580

contest with any other healing technique

646

00:26:28,399 --> 00:26:25,830

and I don't know I can tell you

647

00:26:30,379 --> 00:26:28,409

anecdotally I mean there's been a whole

648

00:26:34,369 --> 00:26:30,389

lot of people have taken my workshop who

649

00:26:36,830 --> 00:26:34,379

are already trained healers and so what

650

00:26:39,440 --> 00:26:36,840

happens is this would be an example

651
00:26:41,899 --> 00:26:39,450
someone comes in and they already are

652
00:26:43,669 --> 00:26:41,909
trained in their Reiki masters and

653
00:26:46,190 --> 00:26:43,679
they're Joe ray masters and their

654
00:26:48,049 --> 00:26:46,200
therapeutic touch masters and I'm not

655
00:26:49,460 --> 00:26:48,059
sure what else but you get the idea so

656
00:26:51,980 --> 00:26:49,470
they've been trained in all of these

657
00:26:53,810 --> 00:26:51,990
things and they actually sometimes have

658
00:26:55,999 --> 00:26:53,820
healing clinics themselves sometimes

659
00:26:57,350 --> 00:26:56,009
they have private practices but they've

660
00:26:58,490 --> 00:26:57,360
been off and running and they're very

661
00:27:02,119 --> 00:26:58,500
different than me they're actually

662
00:27:04,700 --> 00:27:02,129
healers and they're able to do things

663
00:27:08,539 --> 00:27:04,710

but they're frustrated that they can't

664

00:27:10,820 --> 00:27:08,549

do certain things now the stuff that I

665

00:27:13,310 --> 00:27:10,830

can do seems to be a little bit

666

00:27:15,710 --> 00:27:13,320

different in some cases than what they

667

00:27:18,169 --> 00:27:15,720

can do so they come to me to learn mine

668

00:27:22,129 --> 00:27:18,179

so they're able to do what they couldn't

669

00:27:24,529 --> 00:27:22,139

do before to give you an example and

670

00:27:26,649 --> 00:27:24,539

again I'm not this is not a contest but

671

00:27:30,019 --> 00:27:26,659

as far as I'm aware

672

00:27:33,649 --> 00:27:30,029

Reiki therapeutic touch Healing Touch

673

00:27:35,850 --> 00:27:33,659

you know yadda yadda does not seem to

674

00:27:38,580 --> 00:27:35,860

cure cancer

675

00:27:40,080 --> 00:27:38,590

for reasons that make no sense to me in

676
00:27:44,930 --> 00:27:40,090
the sense that I don't really understand

677
00:27:48,120 --> 00:27:44,940
it mine fixes cancer on the flip side

678
00:27:53,670 --> 00:27:48,130
mine won't effect a wart

679
00:27:57,500 --> 00:27:53,680
literally and so if you've got a wart

680
00:28:01,610 --> 00:27:57,510
and you treat using my technique

681
00:28:05,690 --> 00:28:01,620
for the next six days 60 days nothing

682
00:28:08,270 --> 00:28:05,700
happens now that's a clue but nothing

683
00:28:10,850 --> 00:28:08,280
happens now if you do Reiki I'm told and

684
00:28:14,530 --> 00:28:10,860
you just go you know Reiki Reiki and it

685
00:28:17,210 --> 00:28:14,540
goes away now that's interesting it is

686
00:28:19,550 --> 00:28:17,220
so the people who are raking people who

687
00:28:21,620 --> 00:28:19,560
haven't cured cancer they learn my

688
00:28:25,220 --> 00:28:21,630

method then they cure the boatload of

689

00:28:28,850 --> 00:28:25,230

cancers in a row on the other hand they

690

00:28:30,800 --> 00:28:28,860

lose the ability to do work weird weird

691

00:28:33,260 --> 00:28:30,810

world which I think it's pretty fun so

692

00:28:35,300 --> 00:28:33,270

so the people who are actually healers

693

00:28:37,160 --> 00:28:35,310

and let's say you're a good clinician

694

00:28:39,320 --> 00:28:37,170

I'm not but let's say you're a good

695

00:28:42,320 --> 00:28:39,330

clinician and the person comes to you

696

00:28:43,970 --> 00:28:42,330

with a wart well you're probably going

697

00:28:45,200 --> 00:28:43,980

to want to do something like Reiki I'm

698

00:28:47,630 --> 00:28:45,210

just making this up I don't know what

699

00:28:49,490 --> 00:28:47,640

Reiki is but I'm told that Reiki fixes

700

00:28:51,320 --> 00:28:49,500

warts now if you use my method and you

701
00:28:52,730 --> 00:28:51,330
know you learn this crazy image cycling

702
00:28:54,470 --> 00:28:52,740
and you practice your brains out for the

703
00:28:56,060 --> 00:28:54,480
next month well you're going to lose the

704
00:28:58,490 --> 00:28:56,070
ability do the work if you applied my

705
00:28:59,720 --> 00:28:58,500
method but you do Reiki and it'll go

706
00:29:01,370 --> 00:28:59,730
away but if someone comes to you with

707
00:29:04,730 --> 00:29:01,380
cancer you don't want to do Reiki you

708
00:29:06,620 --> 00:29:04,740
want to go by and then you become a you

709
00:29:08,630 --> 00:29:06,630
know you got another quiver in your

710
00:29:12,350 --> 00:29:08,640
arsenal there about what you can bring

711
00:29:14,810 --> 00:29:12,360
to to bear on clinical cases that I

712
00:29:18,950 --> 00:29:14,820
think is reasonably interesting so mine

713
00:29:21,350 --> 00:29:18,960

seems to I don't you know again I'm not

714

00:29:24,170 --> 00:29:21,360

schooled in comparative stuff my fix is

715

00:29:28,580 --> 00:29:24,180

cancer I don't know why it doesn't do

716

00:29:30,800 --> 00:29:28,590

warts you know to take to extremes we

717

00:29:32,460 --> 00:29:30,810

haven't had anybody fix Parkinson's

718

00:29:34,919 --> 00:29:32,470

right

719

00:29:36,510 --> 00:29:34,929

I think that's interesting it definitely

720

00:29:39,270 --> 00:29:36,520

is you've had some success with

721

00:29:42,299 --> 00:29:39,280

Alzheimer's I believe right Alzheimer's

722

00:29:44,580 --> 00:29:42,309

we seem to be able to do and so I never

723

00:29:46,049 --> 00:29:44,590

did in Alzheimer's patients because I

724

00:29:48,960 --> 00:29:46,059

don't do patients I you know I'm trying

725

00:29:50,820 --> 00:29:48,970

to save the rodents of the world and you

726
00:29:52,110 --> 00:29:50,830
know people who do people after a while

727
00:29:54,270 --> 00:29:52,120
I get sick of people because they're

728
00:29:56,159 --> 00:29:54,280
very annoying and they they join me in

729
00:29:58,560 --> 00:29:56,169
trying to save rodents but people who

730
00:30:00,539 --> 00:29:58,570
I've taught who have clinical patients

731
00:30:02,310 --> 00:30:00,549
all over the place they're doing

732
00:30:04,470 --> 00:30:02,320
Alzheimer's you know I've never done one

733
00:30:06,510 --> 00:30:04,480
so I got a group in Germany doing

734
00:30:08,460 --> 00:30:06,520
Alzheimer's and they're fixing it and I

735
00:30:10,890 --> 00:30:08,470
got a group in Chicago and a group in

736
00:30:12,539 --> 00:30:10,900
San Francisco and they're reporting all

737
00:30:13,649 --> 00:30:12,549
this stuff that I've never tried I think

738
00:30:16,140 --> 00:30:13,659

it's pretty interesting

739

00:30:18,779 --> 00:30:16,150

and so Alzheimer's responds almost

740

00:30:22,049 --> 00:30:18,789

immediately and dramatically like cancer

741

00:30:24,330 --> 00:30:22,059

does and again that's another clue yeah

742

00:30:26,220 --> 00:30:24,340

Parkinson's know nobody's made any any

743

00:30:27,630 --> 00:30:26,230

inroads to Parkinson's cancers a dime a

744

00:30:29,390 --> 00:30:27,640

dozen no you know so that's not

745

00:30:31,350 --> 00:30:29,400

particularly interesting but the

746

00:30:33,899 --> 00:30:31,360

Alzheimer's and the other stuff is

747

00:30:38,279 --> 00:30:33,909

pretty interesting haven't had really

748

00:30:42,200 --> 00:30:38,289

great success with diabetes weird so I

749

00:30:46,289 --> 00:30:42,210

did it I did a guy elderly gentleman who

750

00:30:48,899 --> 00:30:46,299

had lost body parts from long time you

751
00:30:53,039 --> 00:30:48,909
know very severe type one diabetes he

752
00:30:55,260 --> 00:30:53,049
was blind you know the parts of him had

753
00:30:56,940 --> 00:30:55,270
been amputated because of circulation

754
00:30:59,430 --> 00:30:56,950
complications and all this kind of stuff

755
00:31:02,610 --> 00:30:59,440
and so I try to just free yuck and best

756
00:31:05,730 --> 00:31:02,620
I could do I gave him about 50% of his

757
00:31:06,419 --> 00:31:05,740
sight back and about a 50% reduction in

758
00:31:08,610 --> 00:31:06,429
insulin

759
00:31:10,860 --> 00:31:08,620
he was happy but I considered it a

760
00:31:13,860 --> 00:31:10,870
failure in the sense that he wasn't

761
00:31:17,310 --> 00:31:13,870
fixed and so something's going on there

762
00:31:19,770 --> 00:31:17,320
are working hypothesis right now is that

763
00:31:22,680 --> 00:31:19,780

at least in my technique it seems to be

764

00:31:26,960 --> 00:31:22,690

better at removing things than giving

765

00:31:30,180 --> 00:31:26,970

things hmm make sense if you've got

766

00:31:33,180 --> 00:31:30,190

inflammation this stuff is unbelievably

767

00:31:36,390 --> 00:31:33,190

good and I did lab work at Wake Forest

768

00:31:38,159 --> 00:31:36,400

Medical School on inflammation and in

769

00:31:39,659 --> 00:31:38,169

cell culture models you put your hands

770

00:31:42,270 --> 00:31:39,669

around you do the image cycling the

771

00:31:45,500 --> 00:31:42,280

inflammation all goes away 100% of it

772

00:31:46,940 --> 00:31:45,510

almost immediately it's bizarre

773

00:31:49,420 --> 00:31:46,950

but if you're a Parkinson's patient

774

00:31:53,410 --> 00:31:49,430

you're missing something

775

00:31:56,770 --> 00:31:53,420

so I have a deficit if I am a diabetic I

776

00:31:59,050 --> 00:31:56,780

have a deficit if I have cancer I can

777

00:32:01,930 --> 00:31:59,060

take something away if you have

778

00:32:03,880 --> 00:32:01,940

Alzheimer's I can take something away so

779

00:32:06,760 --> 00:32:03,890

Alzheimer's respond immediately and

780

00:32:10,630 --> 00:32:06,770

dramatically but age-related dementia

781

00:32:13,060 --> 00:32:10,640

not really if you're just decomposing

782

00:32:15,940 --> 00:32:13,070

because you're old this doesn't seem to

783

00:32:17,620 --> 00:32:15,950

stop the decomposition if you have

784

00:32:20,640 --> 00:32:17,630

Alzheimer's you probably have

785

00:32:23,890 --> 00:32:20,650

inflammatory plaques and those go away

786

00:32:26,740 --> 00:32:23,900

Wow now that's definitely fascinating

787

00:32:28,690 --> 00:32:26,750

man and so you've done ten experiments

788

00:32:31,840 --> 00:32:28,700

toying with this stuff maybe more now

789

00:32:33,310 --> 00:32:31,850

but according to your website oh yeah

790

00:32:35,380 --> 00:32:33,320

I'm over 20 I think the web so I've

791

00:32:36,400 --> 00:32:35,390

never seen my website but I said I can

792

00:32:38,680 --> 00:32:36,410

tell you what I can tell you it's

793

00:32:41,230 --> 00:32:38,690

outdated so fair I I got it I got at

794

00:32:44,710 --> 00:32:41,240

least twenty plus many many many cell

795

00:32:45,940 --> 00:32:44,720

culture experiments right on so you got

796

00:32:47,740 --> 00:32:45,950

twenty experiments twenty with this

797

00:32:50,020 --> 00:32:47,750

stuff once you discovered it it works

798

00:32:53,710 --> 00:32:50,030

what were some of the other factors and

799

00:32:57,100 --> 00:32:53,720

variations you decided to test out well

800

00:32:58,480 --> 00:32:57,110

but as soon as something works in order

801
00:33:00,160 --> 00:32:58,490
to check to make sure that you're not

802
00:33:03,250 --> 00:33:00,170
deluding yourself one of the first

803
00:33:04,570 --> 00:33:03,260
things we have to do is repeat it and as

804
00:33:06,370 --> 00:33:04,580
you say now I'm up though you know at

805
00:33:08,560 --> 00:33:06,380
least twenty of these things but I'm not

806
00:33:11,080 --> 00:33:08,570
doing it just to show that the first 19

807
00:33:13,930 --> 00:33:11,090
work I'm doing this to look at different

808
00:33:16,420 --> 00:33:13,940
permutations trying to unravel what the

809
00:33:19,450 --> 00:33:16,430
mechanism is right the first thing I did

810
00:33:22,480 --> 00:33:19,460
once I did the initial one at Queens

811
00:33:24,400 --> 00:33:22,490
College was to find out if other people

812
00:33:26,320 --> 00:33:24,410
could do it and are they learning it as

813
00:33:27,790 --> 00:33:26,330

I think they're learning if I was the

814

00:33:30,220 --> 00:33:27,800

only one who could do this that's not

815

00:33:33,220 --> 00:33:30,230

good for my team you know there's no

816

00:33:34,930 --> 00:33:33,230

upside for me being the only one able to

817

00:33:38,770 --> 00:33:34,940

do this I mean that's really god-awful

818

00:33:41,440 --> 00:33:38,780

yeah so what I did is I took two faculty

819

00:33:43,720 --> 00:33:41,450

members skeptics

820

00:33:45,710 --> 00:33:43,730

no experience and healing probably

821

00:33:50,450 --> 00:33:45,720

couldn't spell healing

822

00:33:52,280 --> 00:33:50,460

two students who thought really what do

823

00:33:54,590 --> 00:33:52,290

you want me to do they have no

824

00:33:56,510 --> 00:33:54,600

experience in this nut didn't know

825

00:33:59,660 --> 00:33:56,520

anything whatsoever and I said would you

826

00:34:01,760 --> 00:33:59,670

like to volunteer I'm going to teach you

827

00:34:04,370 --> 00:34:01,770

a technique and then we're going to try

828

00:34:05,870 --> 00:34:04,380

to go out and cure cancer and they said

829

00:34:08,240 --> 00:34:05,880

yeah yeah sure you know because they

830

00:34:10,280 --> 00:34:08,250

thought I was kidding

831

00:34:12,139 --> 00:34:10,290

if anyone said to me oh I believe that

832

00:34:13,399 --> 00:34:12,149

then they were excluded I've never

833

00:34:16,159 --> 00:34:13,409

worked with a believer because they

834

00:34:17,899 --> 00:34:16,169

scare me so I got two faculty members

835

00:34:21,020 --> 00:34:17,909

two students and we went through a

836

00:34:23,389 --> 00:34:21,030

training program same as my CD trading

837

00:34:25,339 --> 00:34:23,399

program same as the workshops same as

838

00:34:27,080 --> 00:34:25,349

you know nothing unique there and so we

839

00:34:28,849 --> 00:34:27,090

went through that they got mice just

840

00:34:32,300 --> 00:34:28,859

like I got mice coming out of the same

841

00:34:34,669 --> 00:34:32,310

lab they had cages of mice and the same

842

00:34:37,909 --> 00:34:34,679

thing happened all of them were cured so

843

00:34:39,740 --> 00:34:37,919

my next step was well if they're all

844

00:34:42,230 --> 00:34:39,750

getting cured out of this lab I'm a

845

00:34:44,390 --> 00:34:42,240

skeptic must be a bad lab so let's move

846

00:34:47,540 --> 00:34:44,400

to another lab

847

00:34:50,480 --> 00:34:47,550

so I went to a different lab got more

848

00:34:53,180 --> 00:34:50,490

untrained inexperienced volunteers had

849

00:34:53,750 --> 00:34:53,190

some other biologists set it up did it

850

00:34:59,630 --> 00:34:53,760

again

851

00:35:02,480 --> 00:34:59,640

different people same results and you

852

00:35:05,390 --> 00:35:02,490

get the idea so my first thought was can

853

00:35:08,420 --> 00:35:05,400

i replicate this second thought was can

854

00:35:12,140 --> 00:35:08,430

anybody do this is there anything unique

855

00:35:14,120 --> 00:35:12,150

going on and so it turns out I don't

856

00:35:17,090 --> 00:35:14,130

know whether believers can heal but I

857

00:35:19,070 --> 00:35:17,100

know that non-believers give you or die

858

00:35:20,680 --> 00:35:19,080

I can't say non-believers people who are

859

00:35:23,360 --> 00:35:20,690

skeptics yeah

860

00:35:26,060 --> 00:35:23,370

skepticism is an interesting phenomenon

861

00:35:29,630 --> 00:35:26,070

there very few skeptics in my experience

862

00:35:32,750 --> 00:35:29,640

I've given lectures at skeptic societies

863

00:35:35,900 --> 00:35:32,760

invited and I usually start by insulting

864

00:35:39,050 --> 00:35:35,910

them which is my strain and what I do is

865

00:35:40,520 --> 00:35:39,060

I'll walk into a gaggle of skeptics and

866

00:35:42,320 --> 00:35:40,530

they're all folded up you know their

867

00:35:44,930 --> 00:35:42,330

arms are folded their legs are folded

868

00:35:46,040 --> 00:35:44,940

they got a scowl on their face and I say

869

00:35:48,800 --> 00:35:46,050

something along the lines of I'm the

870

00:35:50,930 --> 00:35:48,810

only skeptic in the room let me get mad

871

00:35:53,030 --> 00:35:50,940

and they know where the such-and-such

872

00:35:54,890 --> 00:35:53,040

skeptic Society I said no you're really

873

00:35:56,620 --> 00:35:54,900

not a skeptic Society you're believers

874

00:35:59,030 --> 00:35:56,630

you're actually mindless believers

875

00:36:02,210 --> 00:35:59,040

everybody here knows the stuff I haven't

876

00:36:05,840 --> 00:36:02,220

said is wrong yeah and I haven't said it

877

00:36:07,880 --> 00:36:05,850

yet so you're you're a mindless believer

878

00:36:10,280 --> 00:36:07,890

but you just be in the direction of my

879

00:36:12,290 --> 00:36:10,290

mindless belief is to disbelief so I've

880

00:36:14,120 --> 00:36:12,300

run into mindless believers who think

881

00:36:15,590 --> 00:36:14,130

everything is true and mindless

882

00:36:18,140 --> 00:36:15,600

believers who think everything is false

883

00:36:20,600 --> 00:36:18,150

I said how about looking at the evidence

884

00:36:23,390 --> 00:36:20,610

right and holding off holding off on

885

00:36:26,120 --> 00:36:23,400

your conclusion which is really what a

886

00:36:26,450 --> 00:36:26,130

skeptic should do mmm-hmm yeah I'm with

887

00:36:28,670 --> 00:36:26,460

you

888

00:36:30,290 --> 00:36:28,680

so one of the experiments that I've

889

00:36:32,900 --> 00:36:30,300

heard that you did that I thought was

890

00:36:34,670 --> 00:36:32,910

most impressive in looking at different

891

00:36:37,010 --> 00:36:34,680

factors and conditions for how this

892

00:36:39,110 --> 00:36:37,020

stuff might work is something where

893

00:36:42,380 --> 00:36:39,120

you're in an MRI machine and had

894

00:36:44,540 --> 00:36:42,390

envelopes in your hands yeah yeah this

895

00:36:47,270 --> 00:36:44,550

goes to I had a couple of questions

896

00:36:49,640 --> 00:36:47,280

going on I've done functional MRI work

897

00:36:52,280 --> 00:36:49,650

and healing at the University of

898

00:36:54,350 --> 00:36:52,290

Connecticut Medical School and Thomas

899

00:36:57,170 --> 00:36:54,360

Jefferson Medical School

900

00:37:01,400 --> 00:36:57,180

I also have to be eg studies but the MRI

901
00:37:04,040 --> 00:37:01,410
stuff a functional MRI and probably a

902
00:37:05,780 --> 00:37:04,050
lot of people listening have seen you

903
00:37:08,360 --> 00:37:05,790
know pretty brain pictures kind of thing

904
00:37:10,040 --> 00:37:08,370
and so you'll you'll see this part of

905
00:37:12,140 --> 00:37:10,050
the brain is colored differently than

906
00:37:13,820 --> 00:37:12,150
that part of the brain and they look

907
00:37:15,890 --> 00:37:13,830
impressive and all that stuff but what

908
00:37:18,460 --> 00:37:15,900
they're really measuring is oxygenation

909
00:37:21,560 --> 00:37:18,470
to a particular part of the brain and

910
00:37:24,740 --> 00:37:21,570
what you're assuming is that if the

911
00:37:27,710 --> 00:37:24,750
brain is using more oxygen that part of

912
00:37:31,040 --> 00:37:27,720
the brain is more active so I wanted to

913
00:37:35,960 --> 00:37:31,050

know first of all can you toggle healing

914

00:37:38,330 --> 00:37:35,970

and can we measure in other words if I'm

915

00:37:41,060 --> 00:37:38,340

sitting in an MRI or lying down in an

916

00:37:44,240 --> 00:37:41,070

MRI which is really ugly environment and

917

00:37:47,300 --> 00:37:44,250

I'm toggled and so I'm queued

918

00:37:50,180 --> 00:37:47,310

okay start your cycling now stop your

919

00:37:51,830 --> 00:37:50,190

cycling start your cycling stop your

920

00:37:54,110 --> 00:37:51,840

cycling you know that kind of thing yeah

921

00:37:55,550 --> 00:37:54,120

and it turns out I didn't think you'd be

922

00:37:58,730 --> 00:37:55,560

able to do that it just didn't sound

923

00:38:00,110 --> 00:37:58,740

human to me but it went into the MRI so

924

00:38:02,180 --> 00:38:00,120

let's give it a shot see what happens

925

00:38:04,820 --> 00:38:02,190

I'm usually wrong about everything so

926
00:38:06,890 --> 00:38:04,830
let's go test it and so I get into the

927
00:38:09,800 --> 00:38:06,900
MRI can we turn it on and turn it off

928
00:38:11,120 --> 00:38:09,810
and it turns out we can and I still

929
00:38:13,190 --> 00:38:11,130
don't know how to think about that but

930
00:38:15,710 --> 00:38:13,200
but at this point I have enough people

931
00:38:17,030 --> 00:38:15,720
who have done this that I'm reasonably

932
00:38:19,520 --> 00:38:17,040
confident that you can actually can

933
00:38:22,040 --> 00:38:19,530
toggle healing on and off and you can

934
00:38:25,910 --> 00:38:22,050
toggle cycling on and off then what I

935
00:38:29,000 --> 00:38:25,920
did is I stuck volunteers into the MRI

936
00:38:32,150 --> 00:38:29,010
and I would cycle on them from the

937
00:38:34,370 --> 00:38:32,160
outside and it turns out their brain

938
00:38:36,020 --> 00:38:34,380

turns on and off just like mine did when

939

00:38:38,900 --> 00:38:36,030

I was in there

940

00:38:40,400 --> 00:38:38,910

so what happens in my brain happens in

941

00:38:43,880 --> 00:38:40,410

their brain it just happens from a

942

00:38:45,530 --> 00:38:43,890

distance so what I've realized that I

943

00:38:48,140 --> 00:38:45,540

can affect somebody's brain from a

944

00:38:50,630 --> 00:38:48,150

distance and that what happens in my

945

00:38:52,940 --> 00:38:50,640

brain actually toggles on and off which

946

00:38:56,240 --> 00:38:52,950

is the real mode of a functional MRI

947

00:38:59,270 --> 00:38:56,250

then the question was how much of this

948

00:39:02,600 --> 00:38:59,280

is conscious and how much of this is not

949

00:39:05,960 --> 00:39:02,610

conscious right so consciously I can

950

00:39:08,200 --> 00:39:05,970

turn the cycling on and off I can turn

951
00:39:10,000 --> 00:39:08,210
the healing on and off

952
00:39:12,970 --> 00:39:10,010
and I can turn your brain on and off

953
00:39:14,800 --> 00:39:12,980
from a distance

954
00:39:18,849 --> 00:39:14,810
it in that particular case I'm trying or

955
00:39:21,570 --> 00:39:18,859
I'm aware so the next step was what

956
00:39:24,360 --> 00:39:21,580
happens if I'm prompted to heal

957
00:39:27,960 --> 00:39:24,370
and so this is now the next phase of the

958
00:39:31,200 --> 00:39:27,970
study where I and other folks who know

959
00:39:33,240 --> 00:39:31,210
my technique would get into an MRI it's

960
00:39:36,720 --> 00:39:33,250
an enclosed MRI and the only thing

961
00:39:39,600 --> 00:39:36,730
sticking out would be a hand and someone

962
00:39:43,110 --> 00:39:39,610
would put double blind envelopes into

963
00:39:45,690 --> 00:39:43,120

your hand and some of the envelopes had

964

00:39:47,880 --> 00:39:45,700

nothing in them there were sham or

965

00:39:49,680 --> 00:39:47,890

control envelopes and some of the

966

00:39:53,730 --> 00:39:49,690

envelopes had pictures and hair samples

967

00:39:56,430 --> 00:39:53,740

of cancerous animals 600 miles away we

968

00:39:58,560 --> 00:39:56,440

got this from a vet so they had horses

969

00:40:00,330 --> 00:39:58,570

and dogs and cats and goats and you know

970

00:40:02,460 --> 00:40:00,340

things like that and so there was a

971

00:40:05,070 --> 00:40:02,470

picture and like a little couple of

972

00:40:06,270 --> 00:40:05,080

strands of hair so some of the envelopes

973

00:40:08,520 --> 00:40:06,280

had nothing in them and some of the

974

00:40:10,650 --> 00:40:08,530

envelopes had the strands of hair and

975

00:40:12,090 --> 00:40:10,660

the picture of the cancerous animal and

976
00:40:13,890 --> 00:40:12,100
when they're dropped into your hand and

977
00:40:16,110 --> 00:40:13,900
now you're not told to do anything you

978
00:40:17,970 --> 00:40:16,120
just line the MRI it turns out that you

979
00:40:21,240 --> 00:40:17,980
toggle on and off if there's a need

980
00:40:23,220 --> 00:40:21,250
represented so if nothing is in the

981
00:40:24,360 --> 00:40:23,230
envelope and you drop the envelope in

982
00:40:27,060 --> 00:40:24,370
your hand nothing out of the ordinary

983
00:40:30,690 --> 00:40:27,070
happens but if there's a picture and a

984
00:40:33,060 --> 00:40:30,700
hair sample not consciously but you

985
00:40:35,010 --> 00:40:33,070
autonomically turn on your brain turns

986
00:40:37,230 --> 00:40:35,020
on it recognizes that there's a need

987
00:40:40,170 --> 00:40:37,240
there and you go into the same mode as

988
00:40:42,480 --> 00:40:40,180

if you were trying to heal and my

989

00:40:45,810 --> 00:40:42,490

conclusions from Natick orts is healing

990

00:40:47,730 --> 00:40:45,820

is not a conscious act right yeah I mean

991

00:40:49,860 --> 00:40:47,740

people consciously try to heal but I

992

00:40:52,110 --> 00:40:49,870

think that's a waste of time I don't

993

00:40:54,000 --> 00:40:52,120

think you're relevant to healing yeah I

994

00:40:56,640 --> 00:40:54,010

mean you don't even need to see or know

995

00:40:59,280 --> 00:40:56,650

the target apparently in any way nope

996

00:41:01,620 --> 00:40:59,290

nope nope never saw these as a sidebar

997

00:41:04,920 --> 00:41:01,630

the animals were cured but that wasn't

998

00:41:07,260 --> 00:41:04,930

the point of the experiment so it was

999

00:41:09,000 --> 00:41:07,270

really does it turn on and turn off I

1000

00:41:11,130 --> 00:41:09,010

mean a lot of people think that you have

1001
00:41:13,140 --> 00:41:11,140
to be in a particular state of mind or

1002
00:41:15,210 --> 00:41:13,150
you have to feel a connection or you

1003
00:41:17,280 --> 00:41:15,220
have to you know things along those

1004
00:41:19,260 --> 00:41:17,290
lines it turns out that that that's

1005
00:41:21,060 --> 00:41:19,270
that's not real mmm

1006
00:41:23,160 --> 00:41:21,070
yeah the energy susceptibility issue

1007
00:41:24,540 --> 00:41:23,170
it's you know people parently can do it

1008
00:41:27,120 --> 00:41:24,550
whether they feel those energies or not

1009
00:41:30,240 --> 00:41:27,130
yeah I think we've reversed the causal

1010
00:41:33,030 --> 00:41:30,250
sequence in our heads where people think

1011
00:41:34,299 --> 00:41:33,040
you have to get into a particular state

1012
00:41:38,319 --> 00:41:34,309
of mind

1013
00:41:41,739 --> 00:41:38,329

and then healing follows and it turns

1014

00:41:43,779 --> 00:41:41,749

out you don't and I have more

1015

00:41:46,020 --> 00:41:43,789

experiments but the bottom line to the

1016

00:41:47,940 --> 00:41:46,030

experiments is this

1017

00:41:50,010 --> 00:41:47,950

the connection happens and it's a

1018

00:41:52,880 --> 00:41:50,020

measurable connection between healer and

1019

00:41:56,250 --> 00:41:52,890

Ely turns out distance doesn't matter

1020

00:42:00,420 --> 00:41:56,260

there's a measurable connection but you

1021

00:42:02,400 --> 00:42:00,430

don't have to be aware of it and so it's

1022

00:42:06,420 --> 00:42:02,410

not that you have to get into a state of

1023

00:42:10,080 --> 00:42:06,430

mind in order to heal healing happens

1024

00:42:12,660 --> 00:42:10,090

and you may or may not experience it all

1025

00:42:16,910 --> 00:42:12,670

right so if we look at it along a

1026
00:42:20,540 --> 00:42:16,920
continuum of people sensitivity levels

1027
00:42:26,010 --> 00:42:20,550
some people are very very sensitive and

1028
00:42:31,080 --> 00:42:27,720
got the brick seal just as well as the

1029
00:42:32,560 --> 00:42:31,090
sensitives but the sensitives are more

1030
00:42:34,420 --> 00:42:32,570
aware of it

1031
00:42:36,100 --> 00:42:34,430
and the mistake they've made is that

1032
00:42:38,620 --> 00:42:36,110
that sense of connection that they have

1033
00:42:41,620 --> 00:42:38,630
that they're aware of and others aren't

1034
00:42:43,540 --> 00:42:41,630
is the thing that they have to feel in

1035
00:42:44,800 --> 00:42:43,550
order to heal and it turns out that's

1036
00:42:48,460 --> 00:42:44,810
simply not the case

1037
00:42:50,800 --> 00:42:48,470
bricks do just fine yeah that's so

1038
00:42:53,860 --> 00:42:50,810

fascinating and you mentioned the EEG

1039

00:42:56,230 --> 00:42:53,870

studies and the kind of synchronization

1040

00:42:57,610 --> 00:42:56,240

that seems to happen between sender and

1041

00:42:58,980 --> 00:42:57,620

receiver can you elaborate on that a

1042

00:43:03,000 --> 00:42:58,990

little bit

1043

00:43:04,620 --> 00:43:03,010

yeah the EEG studies are published in

1044

00:43:06,870 --> 00:43:04,630

the Journal of scientific exploration

1045

00:43:09,300 --> 00:43:06,880

which I'd like to do a riff on the

1046

00:43:12,720 --> 00:43:09,310

Society for scientific exploration in a

1047

00:43:16,200 --> 00:43:12,730

little bit but what I have is we had

1048

00:43:20,660 --> 00:43:16,210

very very very high-end EEG equipment

1049

00:43:22,589 --> 00:43:20,670

and we had a bunch of volunteers and

1050

00:43:26,280 --> 00:43:22,599

volunteers would be in a separate room

1051

00:43:28,680 --> 00:43:26,290

and we had multiple EEG s going and they

1052

00:43:32,070 --> 00:43:28,690

were synchronized and so they're very

1053

00:43:35,790 --> 00:43:32,080

high-end equipment and they are sampling

1054

00:43:37,770 --> 00:43:35,800

from both people on 38 leads every five

1055

00:43:40,260 --> 00:43:37,780

hundredths of a second so we're

1056

00:43:42,540 --> 00:43:40,270

gathering a lot of data and in the

1057

00:43:44,550 --> 00:43:42,550

gathering of a lot of data we find out

1058

00:43:46,380 --> 00:43:44,560

what happens when someone intends on

1059

00:43:48,270 --> 00:43:46,390

healing the other person at a distance

1060

00:43:50,460 --> 00:43:48,280

or cycles with the intention of helping

1061

00:43:53,700 --> 00:43:50,470

that other person and it turns out that

1062

00:43:56,339 --> 00:43:53,710

there is a brain of it be close to

1063

00:43:59,280 --> 00:43:56,349

calling it a phase lock the brains go

1064

00:44:03,630 --> 00:43:59,290

into synchronization on many many many

1065

00:44:06,329 --> 00:44:03,640

multiple channels of frequency so you're

1066

00:44:11,930 --> 00:44:06,339

in the other room I'm in another room

1067

00:44:16,380 --> 00:44:11,940

and I'm told okay now think Connect

1068

00:44:20,099 --> 00:44:16,390

cycle on heal and then our brains go

1069

00:44:22,980 --> 00:44:20,109

into a phase lock Wow now that doesn't

1070

00:44:24,690 --> 00:44:22,990

have to be conscious mm-hmm and here we

1071

00:44:26,640 --> 00:44:24,700

go - you know what's the part of the

1072

00:44:28,260 --> 00:44:26,650

conscious mind well I don't think the

1073

00:44:30,960 --> 00:44:28,270

conscious mind is all that important

1074

00:44:34,530 --> 00:44:30,970

right I make fun of the conscious mind I

1075

00:44:37,230 --> 00:44:34,540

call it a pea brain I like that and I've

1076
00:44:39,510 --> 00:44:37,240
heard you talk about the brain harmonic

1077
00:44:42,690 --> 00:44:39,520
pattern that is created and how unique

1078
00:44:46,460 --> 00:44:42,700
it is have you compared that patterns

1079
00:44:51,300 --> 00:44:46,470
any other altered states at all

1080
00:44:53,850 --> 00:44:51,310
well the the guy who was the head

1081
00:44:57,600 --> 00:44:53,860
Ichi guy on this studies guy by name EJ

1082
00:44:59,460 --> 00:44:57,610
Dunkleman and he's a big eme EG world

1083
00:45:01,860 --> 00:44:59,470
it's got nineteen labs you know things

1084
00:45:04,890 --> 00:45:01,870
like that and you know I'm not an EEG

1085
00:45:06,570 --> 00:45:04,900
expert I just kind of asked this be done

1086
00:45:10,560 --> 00:45:06,580
that be done and all that but he's the

1087
00:45:14,970 --> 00:45:10,570
actual geek and he is he is aware of at

1088
00:45:17,400 --> 00:45:14,980

least a half a million DG outputs from

1089

00:45:19,020 --> 00:45:17,410

people so he's very familiar with the

1090

00:45:21,960 --> 00:45:19,030

field and what's happened and all that

1091

00:45:26,070 --> 00:45:21,970

other kind of stuff and he says that

1092

00:45:28,860 --> 00:45:26,080

he's never seen an output like this so

1093

00:45:31,620 --> 00:45:28,870

in the 500000 EGS he's familiar with

1094

00:45:34,440 --> 00:45:31,630

he's never seen this and basically we

1095

00:45:36,660 --> 00:45:34,450

get a brain harmonizing with itself it

1096

00:45:38,670 --> 00:45:36,670

goes into least three part harmony I

1097

00:45:40,740 --> 00:45:38,680

think it may be more parts of harmony

1098

00:45:42,990 --> 00:45:40,750

it's kind of like at singing a song but

1099

00:45:44,700 --> 00:45:43,000

it may be more just it was outside the

1100

00:45:47,460 --> 00:45:44,710

range of the equipment to detect and

1101

00:45:50,430 --> 00:45:47,470

then that unique signal appears in your

1102

00:45:53,040 --> 00:45:50,440

head when we think of you at a distance

1103

00:45:55,410 --> 00:45:53,050

mm-hmm and you're not trying to produce

1104

00:45:57,690 --> 00:45:55,420

it it just you know if you will either

1105

00:45:59,280 --> 00:45:57,700

going into sync or a is giving to be

1106

00:46:02,790 --> 00:45:59,290

we're not sure how to think about it yet

1107

00:46:06,600 --> 00:46:02,800

yeah I love that aspect of it and this

1108

00:46:08,730 --> 00:46:06,610

technique of rapid mental image cycling

1109

00:46:10,710 --> 00:46:08,740

there is another fringe area where

1110

00:46:12,960 --> 00:46:10,720

people talk about this kind of stuff and

1111

00:46:15,630 --> 00:46:12,970

I know you're not a comparative guy but

1112

00:46:18,210 --> 00:46:15,640

have you looked at the way a cultist

1113

00:46:20,250 --> 00:46:18,220

described magic ritual and how they work

1114

00:46:21,900 --> 00:46:20,260

there kind of stuff because they

1115

00:46:24,390 --> 00:46:21,910

describe it in a similar way that it's

1116

00:46:27,180 --> 00:46:24,400

about mental imaging so it's alright

1117

00:46:30,270 --> 00:46:27,190

yeah well mental imaging you know what

1118

00:46:32,910 --> 00:46:30,280

little I know about it is more of

1119

00:46:36,090 --> 00:46:32,920

holding an image and mine is the

1120

00:46:38,910 --> 00:46:36,100

opposite of holding an image rapid I'm

1121

00:46:40,830 --> 00:46:38,920

talking seriously rabbit yeah so if I'm

1122

00:46:44,640 --> 00:46:40,840

going through a hundred different images

1123

00:46:46,500 --> 00:46:44,650

and I'm going dun dun dun dun

1124

00:46:50,310 --> 00:46:46,510

I'm going through much more than those

1125

00:46:53,190 --> 00:46:50,320

hundred images with each beat so if

1126

00:46:55,890 --> 00:46:53,200

you're going that fast you're not

1127

00:46:57,660 --> 00:46:55,900

holding on to any image you can't hold

1128

00:47:00,410 --> 00:46:57,670

on to any image because your pea brain

1129

00:47:04,550 --> 00:47:00,420

is too slow at processing and for me

1130

00:47:10,050 --> 00:47:04,560

yeah and so if it is something where a

1131

00:47:14,220 --> 00:47:10,060

group of folks meditators in some other

1132

00:47:16,080 --> 00:47:14,230

context are holding an image then it's

1133

00:47:20,210 --> 00:47:16,090

almost the exact opposite of what I'm

1134

00:47:22,500 --> 00:47:20,220

doing right we're not holding it all

1135

00:47:24,210 --> 00:47:22,510

gotcha it's almost like trying to induce

1136

00:47:27,120 --> 00:47:24,220

it to your subconscious you're trying to

1137

00:47:29,550 --> 00:47:27,130

offload it to the subconscious yeah it

1138

00:47:32,430 --> 00:47:29,560

is but it's also as you practice it and

1139

00:47:35,460 --> 00:47:32,440

you transition to mindless again and go

1140

00:47:37,650 --> 00:47:35,470

back to the example of either learning

1141

00:47:39,930 --> 00:47:37,660

how to play tennis or just something

1142

00:47:41,490 --> 00:47:39,940

perhaps more familiar the idea walking

1143

00:47:44,370 --> 00:47:41,500

you know your first time you take the

1144

00:47:46,410 --> 00:47:44,380

conscious step to take a walk and you

1145

00:47:48,060 --> 00:47:46,420

know you plop your block you plop in and

1146

00:47:50,400 --> 00:47:48,070

then there's a phase transition where

1147

00:47:52,730 --> 00:47:50,410

there's a sudden transformation and then

1148

00:47:54,840 --> 00:47:52,740

walking becomes second nature and now

1149

00:47:57,780 --> 00:47:54,850

everybody walks around and they're not

1150

00:47:59,520 --> 00:47:57,790

even aware they're walking and so now

1151
00:48:01,320 --> 00:47:59,530
after you've mastered walking you can

1152
00:48:03,180 --> 00:48:01,330
then walk and talk you can walk in

1153
00:48:05,580 --> 00:48:03,190
gesture and talk because with each

1154
00:48:08,490 --> 00:48:05,590
mastery you transition to mindlessness

1155
00:48:12,390 --> 00:48:08,500
and then something else can be

1156
00:48:14,070 --> 00:48:12,400
superimposed on that mindless skill so

1157
00:48:15,030 --> 00:48:14,080
you when you're hitting a backhand in

1158
00:48:16,680 --> 00:48:15,040
the middle of a match you're not

1159
00:48:19,950 --> 00:48:16,690
thinking about what's the first step in

1160
00:48:22,470 --> 00:48:19,960
the back end you're feeling a flow when

1161
00:48:23,910 --> 00:48:22,480
you're walking you probably past that

1162
00:48:25,920 --> 00:48:23,920
you don't even know you're walking so

1163
00:48:28,200 --> 00:48:25,930

people go walking there you know the end

1164

00:48:31,140 --> 00:48:28,210

driving a very common experience you

1165

00:48:32,730 --> 00:48:31,150

miss the last 25 miles mm-hmm well that

1166

00:48:35,280 --> 00:48:32,740

doesn't mean you were a danger it means

1167

00:48:38,370 --> 00:48:35,290

you're mindless yeah mindless is a

1168

00:48:40,170 --> 00:48:38,380

compliment now you know you go join an

1169

00:48:41,790 --> 00:48:40,180

organization and you do a practice in

1170

00:48:46,050 --> 00:48:41,800

mindful walking but you look like an

1171

00:48:48,270 --> 00:48:46,060

idiot yeah you know so it's good to

1172

00:48:50,100 --> 00:48:48,280

exercise the p-brane but it's just an

1173

00:48:52,350 --> 00:48:50,110

entertainment value it's not to make you

1174

00:48:55,160 --> 00:48:52,360

a better Walker if you're looking for

1175

00:48:58,410 --> 00:48:55,170

walking mastery you never pay attention

1176

00:49:01,110 --> 00:48:58,420

yeah sure if you're looking for healing

1177

00:49:02,880 --> 00:49:01,120

mastery you should never pay attention

1178

00:49:04,590 --> 00:49:02,890

to healing that's common in so many

1179

00:49:05,880 --> 00:49:04,600

different things stand-up comics I've

1180

00:49:07,710 --> 00:49:05,890

known several of them and they always

1181

00:49:09,600 --> 00:49:07,720

say their best sets or when it just

1182

00:49:12,480 --> 00:49:09,610

feels automatic like they're not even

1183

00:49:13,230 --> 00:49:12,490

there yes you're on a roll

1184

00:49:15,420 --> 00:49:13,240

exactly

1185

00:49:17,520 --> 00:49:15,430

you're in the flow but if you try to be

1186

00:49:20,190 --> 00:49:17,530

in the flow you won't flow that's the

1187

00:49:23,280 --> 00:49:20,200

irony if you try to walk you're going to

1188

00:49:25,320 --> 00:49:23,290

fall on your face if you try to heal

1189

00:49:28,100 --> 00:49:25,330

you're just feeding the p-brane you're

1190

00:49:31,590 --> 00:49:28,110

not doing healing so you let it go right

1191

00:49:33,330 --> 00:49:31,600

now to give you an idea although your

1192

00:49:35,970 --> 00:49:33,340

listeners won't be able to understand

1193

00:49:37,840 --> 00:49:35,980

this you have never heard me when I was

1194

00:49:42,190 --> 00:49:37,850

not cycling

1195

00:49:44,530 --> 00:49:42,200

hmm so it would be impossible for me to

1196

00:49:47,260 --> 00:49:44,540

calculate the rapid imaging rate that

1197

00:49:49,480 --> 00:49:47,270

I'm doing while I'm talking to you but I

1198

00:49:51,010 --> 00:49:49,490

am not distracted in any way shape or

1199

00:49:54,940 --> 00:49:51,020

form Wow

1200

00:49:57,880 --> 00:49:54,950

when you learn my technique it will be

1201
00:50:00,220 --> 00:49:57,890
more mindful practice and then you'll

1202
00:50:02,710 --> 00:50:00,230
hate me and and you know curse me out

1203
00:50:05,320 --> 00:50:02,720
and all those things but when you master

1204
00:50:06,730 --> 00:50:05,330
it you go through that phase transition

1205
00:50:09,670 --> 00:50:06,740
where you start to transition to

1206
00:50:11,260 --> 00:50:09,680
mindless just like walking just like

1207
00:50:14,380 --> 00:50:11,270
just like just like but it answered your

1208
00:50:18,280 --> 00:50:14,390
question no in no way do we ever hold an

1209
00:50:20,350 --> 00:50:18,290
image Wow so I've also heard you

1210
00:50:22,180 --> 00:50:20,360
mentioned earlier healing seems to be

1211
00:50:24,400 --> 00:50:22,190
about having a need and I've heard you

1212
00:50:26,980 --> 00:50:24,410
say that before adding to it a need of

1213
00:50:29,680 --> 00:50:26,990

the highest order can you elaborate on

1214

00:50:31,090 --> 00:50:29,690

that last little caveat and maybe the

1215

00:50:32,410 --> 00:50:31,100

insights that you've gotten that led you

1216

00:50:34,840 --> 00:50:32,420

to that conclusion what does that

1217

00:50:39,730 --> 00:50:34,850

necessarily mean having in need of the

1218

00:50:43,570 --> 00:50:39,740

highest order well the first thing I'll

1219

00:50:48,310 --> 00:50:43,580

give you a just an image from some of

1220

00:50:49,810 --> 00:50:48,320

the experiments we've done imagine

1221

00:50:51,520 --> 00:50:49,820

sitting in an animal room you're in an

1222

00:50:53,380 --> 00:50:51,530

animal room and it's a bunch of cages

1223

00:50:55,750 --> 00:50:53,390

around and all that kind of thing and

1224

00:50:58,960 --> 00:50:55,760

you got a bunch of sick mice so that the

1225

00:51:03,520 --> 00:50:58,970

mice have cancer if you put your hands

1226
00:51:05,770 --> 00:51:03,530
around the cage of mice with cancer they

1227
00:51:06,940 --> 00:51:05,780
will I mean by this time it's not an

1228
00:51:09,040 --> 00:51:06,950
interesting we've done there's so many

1229
00:51:13,330 --> 00:51:09,050
hundreds of times they will move to your

1230
00:51:15,070 --> 00:51:13,340
left hand you can spin the cage the mice

1231
00:51:16,450 --> 00:51:15,080
don't like that but you can spin the

1232
00:51:18,040 --> 00:51:16,460
cage and then put your hands straight

1233
00:51:21,060 --> 00:51:18,050
down the same way they were before and

1234
00:51:23,730 --> 00:51:21,070
the mice will move to your left hand

1235
00:51:27,000 --> 00:51:23,740
when they're cured they no longer move

1236
00:51:31,020 --> 00:51:27,010
to the left hand so they're responding

1237
00:51:34,530 --> 00:51:33,150
they're taking or they consent because

1238
00:51:37,170 --> 00:51:34,540

they don't have to talk themselves out

1239

00:51:41,700 --> 00:51:37,180

of it they know naturally to go to the

1240

00:51:44,460 --> 00:51:41,710

left hand if I run machinery in the room

1241

00:51:48,000 --> 00:51:44,470

when I'm treating mice and I'll give you

1242

00:51:49,980 --> 00:51:48,010

some examples if you run a random number

1243

00:51:51,920 --> 00:51:49,990

generator random number generator is

1244

00:51:55,080 --> 00:51:51,930

kind of like an electronic coin flipper

1245

00:51:56,880 --> 00:51:55,090

and it flips it very very fast and

1246

00:51:58,590 --> 00:51:56,890

there's no pattern to it whatsoever and

1247

00:52:00,630 --> 00:51:58,600

this is stuff that comes out of

1248

00:52:03,090 --> 00:52:00,640

Princeton Engineering and so they

1249

00:52:05,250 --> 00:52:03,100

develop random number generators to test

1250

00:52:08,280 --> 00:52:05,260

to see if consciousness can affect

1251
00:52:10,800 --> 00:52:08,290
random number generators well if you it

1252
00:52:13,830 --> 00:52:10,810
turns out you can but if you run a

1253
00:52:17,070 --> 00:52:13,840
random number generator and you treat

1254
00:52:20,280 --> 00:52:17,080
the random number generator as if it's a

1255
00:52:22,200 --> 00:52:20,290
patient so think of like a six-inch

1256
00:52:23,430 --> 00:52:22,210
gizmo and you're putting your hands

1257
00:52:25,110 --> 00:52:23,440
around it like you put your hands around

1258
00:52:27,330 --> 00:52:25,120
a mouse cage or you put your hands on a

1259
00:52:28,530 --> 00:52:27,340
person and you do the cycling you do

1260
00:52:29,640 --> 00:52:28,540
whatever it is that you're doing so

1261
00:52:31,830 --> 00:52:29,650
you're treating a random number

1262
00:52:33,890 --> 00:52:31,840
generator nothing happens out of the

1263
00:52:37,230 --> 00:52:33,900

ordinary to the random number generator

1264

00:52:39,870 --> 00:52:37,240

but if I treat a cage of mice in the

1265

00:52:42,000 --> 00:52:39,880

room and I run the random number

1266

00:52:43,470 --> 00:52:42,010

generator in the background the random

1267

00:52:46,620 --> 00:52:43,480

number generator goes crazy

1268

00:52:49,980 --> 00:52:46,630

hmm it no longer generates random

1269

00:52:52,560 --> 00:52:49,990

numbers that will only happen

1270

00:52:54,830 --> 00:52:52,570

well the mice are sick once they're

1271

00:52:56,560 --> 00:52:54,840

cured that doesn't happen

1272

00:52:59,740 --> 00:52:56,570

[Music]

1273

00:53:03,400 --> 00:52:59,750

if I run a geomagnetic probe which is

1274

00:53:06,610 --> 00:53:03,410

just taken is a very sensitive gizmo

1275

00:53:09,700 --> 00:53:06,620

that's measuring background geomagnetic

1276
00:53:11,770 --> 00:53:09,710
fluctuations that naturally occur on the

1277
00:53:14,380 --> 00:53:11,780
earth if I treat that like I'm treating

1278
00:53:17,410 --> 00:53:14,390
a client nothing happens but if I put a

1279
00:53:19,810 --> 00:53:17,420
geomagnetic probe in a room and I treat

1280
00:53:23,200 --> 00:53:19,820
a cage of mice that are sick the probe

1281
00:53:26,140 --> 00:53:23,210
goes crazy if the mice are cured the

1282
00:53:30,220 --> 00:53:26,150
probe doesn't react at all the probe and

1283
00:53:33,790 --> 00:53:30,230
the random number generator seem to be

1284
00:53:36,850 --> 00:53:33,800
responding to a healing phenomenon which

1285
00:53:39,670 --> 00:53:36,860
is going on which is driven not by my

1286
00:53:42,610 --> 00:53:39,680
will but rather the needs of the animals

1287
00:53:46,270 --> 00:53:42,620
and probably there's a change in

1288
00:53:48,700 --> 00:53:46,280

physical space which occurs so the probe

1289

00:53:50,440 --> 00:53:48,710

knows when there's a need going on but

1290

00:53:52,180 --> 00:53:50,450

if I treat the probe directly nothing

1291

00:53:54,610 --> 00:53:52,190

happens the random number generator

1292

00:53:55,630 --> 00:53:54,620

knows when healing is going on but if I

1293

00:53:58,720 --> 00:53:55,640

treat the random number generator

1294

00:54:00,820 --> 00:53:58,730

directly nothing happens something is

1295

00:54:04,180 --> 00:54:00,830

responding when there is a need presence

1296

00:54:07,140 --> 00:54:04,190

a second cousin to this probably twice

1297

00:54:10,950 --> 00:54:07,150

removed but a second cousin of this is

1298

00:54:13,700 --> 00:54:10,960

if you treat a person

1299

00:54:19,230 --> 00:54:13,710

and you're treating them for bad knees

1300

00:54:22,710 --> 00:54:19,240

well their asthma may also clear up so

1301
00:54:25,680 --> 00:54:22,720
the issue of higher order needs I think

1302
00:54:27,750 --> 00:54:25,690
goes to the body is distributing

1303
00:54:34,050 --> 00:54:27,760
whatever it needs wherever it needs to

1304
00:54:36,750 --> 00:54:34,060
do it and I suspect I mean here's among

1305
00:54:40,079 --> 00:54:36,760
the other things that occur once a mouse

1306
00:54:42,180 --> 00:54:40,089
is cured you can take cells from that

1307
00:54:46,710 --> 00:54:42,190
mouse and put it into another mouse and

1308
00:54:48,720 --> 00:54:46,720
it'll cure that other mouse geez without

1309
00:54:52,440 --> 00:54:48,730
the healing now that's reasonably

1310
00:54:55,560 --> 00:54:52,450
interesting yeah yeah and so I don't

1311
00:54:57,900 --> 00:54:55,570
know what the mechanism is but there's a

1312
00:55:00,390 --> 00:54:57,910
higher order I think a hierarchy of

1313
00:55:03,300 --> 00:55:00,400

thing so let's say someone comes in and

1314

00:55:07,500 --> 00:55:03,310

they have a B C and D condition well I

1315

00:55:09,540 --> 00:55:07,510

think that a B C and D condition may all

1316

00:55:12,170 --> 00:55:09,550

respond to the healing but in its own

1317

00:55:15,540 --> 00:55:12,180

hierarchical sequence as the body

1318

00:55:19,890 --> 00:55:15,550

administers whatever it needs now if I

1319

00:55:23,040 --> 00:55:19,900

treat a cell culture of cancer so I've

1320

00:55:24,900 --> 00:55:23,050

got cancer in a petri dish and you put

1321

00:55:28,730 --> 00:55:24,910

your hands around the dish and it's just

1322

00:55:32,070 --> 00:55:28,740

cancer the cancer explodes and growth

1323

00:55:34,470 --> 00:55:32,080

hmm now by exploding growth I'm talking

1324

00:55:36,839 --> 00:55:34,480

about a minimum of a six hundred percent

1325

00:55:39,990 --> 00:55:36,849

increase in the growth of cancer it's

1326
00:55:44,190 --> 00:55:40,000
not subtle now what does cancer need

1327
00:55:46,920 --> 00:55:44,200
well cancer likes to grow yes yeah so if

1328
00:55:49,800 --> 00:55:46,930
cancer is your client and you put your

1329
00:55:52,349 --> 00:55:49,810
hands around your client the question is

1330
00:55:54,540 --> 00:55:52,359
what is your client need well if I put

1331
00:55:58,640 --> 00:55:54,550
my hands around cancer the cancer grows

1332
00:56:02,270 --> 00:55:58,650
wildly I think the

1333
00:56:05,360 --> 00:56:02,280
I had this super charged cancer and I

1334
00:56:08,090 --> 00:56:05,370
put that into a mouse

1335
00:56:10,300 --> 00:56:08,100
cancer would collapse because the mouse

1336
00:56:15,080 --> 00:56:10,310
has a higher order need than the cancer

1337
00:56:17,710 --> 00:56:15,090
right I find that to be one of the most

1338
00:56:20,090 --> 00:56:17,720

interesting aspects of this thing and

1339

00:56:22,430 --> 00:56:20,100

I've heard you say in a presentation

1340

00:56:25,100 --> 00:56:22,440

that in terms of the mechanism of the

1341

00:56:27,710 --> 00:56:25,110

the rapid mental image cycling that

1342

00:56:30,170 --> 00:56:27,720

there could be other applications beyond

1343

00:56:35,000 --> 00:56:30,180

healing what do you think this technique

1344

00:56:36,860 --> 00:56:35,010

could possibly do outside of repair well

1345

00:56:39,350 --> 00:56:36,870

it's not a healing technique it's a

1346

00:56:42,860 --> 00:56:39,360

mental imaging technique which just

1347

00:56:45,170 --> 00:56:42,870

happens to result in healing mm-hmm so

1348

00:56:47,930 --> 00:56:45,180

there are many people who don't want to

1349

00:56:50,380 --> 00:56:47,940

heal or an interested in healing don't

1350

00:56:53,900 --> 00:56:50,390

need to be healed but they just want to

1351
00:56:55,280 --> 00:56:53,910
manifest up in their life so they cycle

1352
00:56:58,490 --> 00:56:55,290
because they cycle because they're

1353
00:56:59,150 --> 00:56:58,500
selfish and they want that I forgot what

1354
00:57:01,550 --> 00:56:59,160
I asked for

1355
00:57:04,070 --> 00:57:01,560
Miata but they want three nationally

1356
00:57:06,140 --> 00:57:04,080
what green Tesla thank you they want a

1357
00:57:07,760 --> 00:57:06,150
green can't look so people have gotten

1358
00:57:09,890 --> 00:57:07,770
green actually I don't think a much got

1359
00:57:11,990 --> 00:57:09,900
a green one yet but but you know say

1360
00:57:13,970 --> 00:57:12,000
they get blue and red mullets and stuff

1361
00:57:16,820 --> 00:57:13,980
but they're putting out the things that

1362
00:57:18,260 --> 00:57:16,830
they want selfishly whether it has any

1363
00:57:20,960 --> 00:57:18,270

do with healing or not and they're

1364

00:57:23,000 --> 00:57:20,970

getting those things and it works yeah

1365

00:57:25,820 --> 00:57:23,010

huh so it seems to work as a

1366

00:57:27,530 --> 00:57:25,830

manifestation technique as a mechanical

1367

00:57:28,960 --> 00:57:27,540

manifestation technique because even a

1368

00:57:31,100 --> 00:57:28,970

skeptic like me that make a difference

1369

00:57:33,350 --> 00:57:31,110

they use it as a mechanical

1370

00:57:34,790 --> 00:57:33,360

manifestation technique and one of the

1371

00:57:38,390 --> 00:57:34,800

things that some people want to manifest

1372

00:57:42,140 --> 00:57:38,400

is healing so if I have a problem and I

1373

00:57:45,230 --> 00:57:42,150

have a bad knee and my image is of me

1374

00:57:46,910 --> 00:57:45,240

you want to get passed to me the images

1375

00:57:50,720 --> 00:57:46,920

of me playing tennis that means my knee

1376
00:57:52,730 --> 00:57:50,730
is fixed the images of me skiing moguls

1377
00:57:54,860 --> 00:57:52,740
well that means my knees are fixed so

1378
00:57:56,300 --> 00:57:54,870
they're doing it because they want to

1379
00:57:57,920 --> 00:57:56,310
fix knees they're doing it because they

1380
00:57:59,780 --> 00:57:57,930
want a green Tesla they're doing it

1381
00:58:03,290 --> 00:57:59,790
because whatever they're for selfish

1382
00:58:06,340 --> 00:58:03,300
reasons are I love selfishness who

1383
00:58:09,950 --> 00:58:06,350
doesn't all healing should be selfish

1384
00:58:13,070 --> 00:58:09,960
mm-hmm well I mean it is so fascinating

1385
00:58:14,570 --> 00:58:13,080
that this technique has that kind of

1386
00:58:16,340 --> 00:58:14,580
application I mean that would kind of

1387
00:58:17,960 --> 00:58:16,350
make this rapid mental image cycling

1388
00:58:22,070 --> 00:58:17,970

technique one of the most powerful

1389

00:58:24,920 --> 00:58:22,080

things on the planet really I can't

1390

00:58:26,720 --> 00:58:24,930

imagine not doing it yeah you know

1391

00:58:29,120 --> 00:58:26,730

forget healing I just say I can't

1392

00:58:31,190 --> 00:58:29,130

imagine not doing it I can't imagine why

1393

00:58:33,470 --> 00:58:31,200

anyone wouldn't do it other than it's a

1394

00:58:36,050 --> 00:58:33,480

pain in the butt to learn right you know

1395

00:58:37,100 --> 00:58:36,060

but so is hitting a backhand it just

1396

00:58:39,110 --> 00:58:37,110

depends do you want to hit a backhand

1397

00:58:41,180 --> 00:58:39,120

well if so you're going to need to put

1398

00:58:45,130 --> 00:58:41,190

in some time people don't naturally hit

1399

00:58:48,770 --> 00:58:45,140

tennis back in mm-hmm I love it man and

1400

00:58:50,630 --> 00:58:48,780

so as we get into to the end here just

1401
00:58:53,180 --> 00:58:50,640
to play devil's advocate now of course

1402
00:58:55,250 --> 00:58:53,190
the data and the research papers they

1403
00:58:56,870 --> 00:58:55,260
speak for themselves and I'm not an

1404
00:58:58,880 --> 00:58:56,880
expert so it's a little over my head

1405
00:59:01,240 --> 00:58:58,890
already but I see a lot of big words and

1406
00:59:04,610 --> 00:59:01,250
long sentences and it looks very serious

1407
00:59:06,170 --> 00:59:04,620
but I've looked into detractors of your

1408
00:59:08,600 --> 00:59:06,180
work too in preparation for this and I

1409
00:59:10,730 --> 00:59:08,610
really don't see much there but I do see

1410
00:59:14,600 --> 00:59:10,740
some claims that because you are

1411
00:59:17,480 --> 00:59:14,610
primarily a sociologist that this might

1412
00:59:20,270 --> 00:59:17,490
be some sort of social study on the

1413
00:59:22,720 --> 00:59:20,280

placebo effect or the power of belief

1414

00:59:25,880 --> 00:59:22,730

have you heard that criticism yourself

1415

00:59:28,700 --> 00:59:25,890

not as a criticism I've heard it

1416

00:59:32,000 --> 00:59:28,710

certainly in my volunteers if I have a

1417

00:59:35,660 --> 00:59:32,010

volunteer doing the mice experiment they

1418

00:59:38,030 --> 00:59:35,670

wonder what I'm really doing and so a

1419

00:59:39,830 --> 00:59:38,040

very common theme is that they'll

1420

00:59:41,750 --> 00:59:39,840

independently come to the conclusion

1421

00:59:44,090 --> 00:59:41,760

because you know everything they're a

1422

00:59:46,820 --> 00:59:44,100

scheme to do is crazy you know I get

1423

00:59:49,850 --> 00:59:46,830

that they actually think I'm doing a

1424

00:59:51,590 --> 00:59:49,860

study and gullibility yeah that'll give

1425

00:59:53,030 --> 00:59:51,600

you an idea how little they believe but

1426

01:00:00,860 --> 00:59:53,040

they actually think I'm doing a study in

1427

01:00:02,780 --> 01:00:00,870

gullibility so you know if the cancer

1428

01:00:04,670 --> 01:00:02,790

gets cured what can I tell you and and

1429

01:00:06,350 --> 01:00:04,680

the volunteers who get involved in this

1430

01:00:08,060 --> 01:00:06,360

when they see these positive results

1431

01:00:10,030 --> 01:00:08,070

they get a little they get pretty angry

1432

01:00:12,680 --> 01:00:10,040

at you right for shaking their worldview

1433

01:00:14,930 --> 01:00:12,690

well yeah I mean you know to a certain

1434

01:00:16,220 --> 01:00:14,940

extent I victimized them because they're

1435

01:00:18,260 --> 01:00:16,230

going through life as normal people

1436

01:00:21,080 --> 01:00:18,270

they're not into the world of hocus

1437

01:00:21,560 --> 01:00:21,090

pocus and some lunatic comes along tells

1438

01:00:23,750 --> 01:00:21,570

them to make

1439

01:00:26,270 --> 01:00:23,760

let's check it twice cycle it thrice and

1440

01:00:28,220 --> 01:00:26,280

and then they cure cancer what do you

1441

01:00:33,020 --> 01:00:28,230

what do you do with that they were not

1442

01:00:34,820 --> 01:00:33,030

seeking healing and they were selected

1443

01:00:36,620 --> 01:00:34,830

because they laughed in my face when I

1444

01:00:39,110 --> 01:00:36,630

told them what I wanted them to do so

1445

01:00:41,870 --> 01:00:39,120

again if I go looking for a volunteer

1446

01:00:43,820 --> 01:00:41,880

and the volunteer says oh yes yes I know

1447

01:00:46,490 --> 01:00:43,830

that stuff or I study or I believe that

1448

01:00:49,160 --> 01:00:46,500

stuff I run away from and so these poor

1449

01:00:51,020 --> 01:00:49,170

people or just end up you know what do I

1450

01:00:52,790 --> 01:00:51,030

do with this and the reality is it's

1451

01:00:54,490 --> 01:00:52,800

it's pretty disruptive to their world

1452

01:00:57,260 --> 01:00:54,500

mm-hmm

1453

01:00:59,510 --> 01:00:57,270

yeah what are you going to do is the

1454

01:01:01,130 --> 01:00:59,520

results speak for themselves but man

1455

01:01:04,220 --> 01:01:01,140

yeah but but you know you talk about

1456

01:01:05,630 --> 01:01:04,230

detractors so I imagine be speaking in a

1457

01:01:07,280 --> 01:01:05,640

medical school and I'm given the

1458

01:01:08,570 --> 01:01:07,290

technical data and they're they're

1459

01:01:10,910 --> 01:01:08,580

trying to cut my needs out for three

1460

01:01:12,290 --> 01:01:10,920

hours and I'm okay if they cut my knees

1461

01:01:14,480 --> 01:01:12,300

out because if I'm doing something wrong

1462

01:01:15,890 --> 01:01:14,490

I'm not defensive about it I'll say

1463

01:01:18,640 --> 01:01:15,900

thank you for pouring out my mistake

1464

01:01:22,220 --> 01:01:18,650

yeah so far I guess standing ovations

1465

01:01:24,230 --> 01:01:22,230

man I just I would love to see this kind

1466

01:01:26,060 --> 01:01:24,240

of thing hit the mainstream I would love

1467

01:01:27,860 --> 01:01:26,070

to see more and more people adopt this

1468

01:01:30,380 --> 01:01:27,870

worldview and see it as something that's

1469

01:01:32,990 --> 01:01:30,390

actually legitimate but I guess we got

1470

01:01:35,180 --> 01:01:33,000

more work to do well I'd like to see

1471

01:01:39,290 --> 01:01:35,190

people who will stop defending beliefs

1472

01:01:40,720 --> 01:01:39,300

yes amen you know relax all your beliefs

1473

01:01:42,099 --> 01:01:40,730

are wrong

1474

01:01:44,859 --> 01:01:42,109

even the belief that all beliefs are

1475

01:01:46,450 --> 01:01:44,869

wrong is wrong right we don't we don't

1476

01:01:49,210 --> 01:01:46,460

know what we're talking about let's have

1477

01:01:50,890 --> 01:01:49,220

some fun and let's let's have let's have

1478

01:01:52,960 --> 01:01:50,900

a little excitement in the world and

1479

01:01:54,250 --> 01:01:52,970

let's follow and let's play in the

1480

01:01:57,190 --> 01:01:54,260

tinker and then let's question

1481

01:02:00,970 --> 01:01:57,200

everything yeah cheers to that

1482

01:02:03,310 --> 01:02:00,980

well if dr. bill Bankston thanks so much

1483

01:02:05,200 --> 01:02:03,320

for doing this I think we turned a lot

1484

01:02:09,220 --> 01:02:05,210

of minds to mush out there always a good

1485

01:02:11,410 --> 01:02:09,230

sign before we really call it in can you

1486

01:02:13,720 --> 01:02:11,420

tell people where dive into more of the

1487

01:02:15,010 --> 01:02:13,730

research for themselves learn how to you

1488

01:02:17,550 --> 01:02:15,020

know learn more about the method and

1489

01:02:21,280 --> 01:02:17,560

keep tabs on what you're doing

1490

01:02:23,560 --> 01:02:21,290

sure see you're giving me a trick

1491

01:02:27,940 --> 01:02:23,570

question now like what's my website it's

1492

01:02:29,589 --> 01:02:27,950

called Bankston research com no I'd say

1493

01:02:31,240 --> 01:02:29,599

I'm since I don't remember what it is

1494

01:02:33,640 --> 01:02:31,250

good because I don't really maintain

1495

01:02:37,120 --> 01:02:33,650

that website but Bankston research com

1496

01:02:38,890 --> 01:02:37,130

the book which will just tell you a

1497

01:02:41,770 --> 01:02:38,900

story you know it's like Once Upon a

1498

01:02:43,450 --> 01:02:41,780

Time is called the energy cure that's

1499

01:02:46,540 --> 01:02:43,460

available you can get on Amazon or

1500

01:02:49,930 --> 01:02:46,550

sounds true and then if you want to

1501

01:02:52,809 --> 01:02:49,940

learn the method itself also available

1502

01:02:57,099 --> 01:02:52,819

from Amazon or sounds true is a six CD

1503

01:02:59,859 --> 01:02:57,109

set entitled hands on healing a training

1504

01:03:01,569 --> 01:02:59,869

course in the energy cure and that is

1505

01:03:05,079 --> 01:03:01,579

actually designed to teach you the stuff

1506

01:03:07,690 --> 01:03:05,089

and on the website presumably or is also

1507

01:03:10,150 --> 01:03:07,700

a way to find out where I give maybe

1508

01:03:13,480 --> 01:03:10,160

four workshops a year that's it rest

1509

01:03:16,300 --> 01:03:13,490

time in a lab but I give maybe four

1510

01:03:19,450 --> 01:03:16,310

workshops a year I have one coming up in

1511

01:03:22,240 --> 01:03:19,460

Marin County and February pretty sure

1512

01:03:24,250 --> 01:03:22,250

and then I go to Germany and then I got

1513

01:03:26,280 --> 01:03:24,260

I don't know but it's on the website so

1514

01:03:28,240 --> 01:03:26,290

if you want to learn how to do it and

1515

01:03:29,530 --> 01:03:28,250

sceptically that's a wonderful thing if

1516

01:03:31,900 --> 01:03:29,540

you want to learn how to do it you can

1517

01:03:33,220 --> 01:03:31,910

check in on the website and it'll it'll

1518

01:03:34,329 --> 01:03:33,230

tell you how to do it if you want to do

1519

01:03:36,000 --> 01:03:34,339

it on your own you want to come to a

1520

01:03:39,040 --> 01:03:36,010

workshop you want it you wanna you wanna

1521

01:03:41,200 --> 01:03:39,050

again I don't have any private secrets I

1522

01:03:43,569 --> 01:03:41,210

don't have any proprietary knowledge I'm

1523

01:03:45,190 --> 01:03:43,579

not a the great guru I'm just kind of

1524

01:03:47,319 --> 01:03:45,200

muddling through life and I'm saying

1525

01:03:47,710 --> 01:03:47,329

this is an interesting thing come play

1526

01:03:51,010 --> 01:03:47,720

with me

1527

01:03:53,260 --> 01:03:51,020

yeah awesome man well thanks again

1528

01:03:54,520 --> 01:03:53,270

really impressive stuff paradigm

1529

01:03:56,070 --> 01:03:54,530

changing for sure keep

1530

01:04:01,570 --> 01:03:56,080

what you do out there all right man

1531

01:04:04,390 --> 01:04:01,580

thank you got it see ya see ya all right

1532

01:04:06,430 --> 01:04:04,400

all right all right super happy to have

1533

01:04:08,620 --> 01:04:06,440

gotten dr. bill on the show fairly

1534

01:04:10,900 --> 01:04:08,630

unique episode I'd say probably one of

1535

01:04:13,120 --> 01:04:10,910

the most scientific approaches to some

1536

01:04:15,460 --> 01:04:13,130

fringe healing science that I've seen I

1537

01:04:17,200 --> 01:04:15,470

know bill says he's not a comparative

1538

01:04:19,570 --> 01:04:17,210

guy doesn't know a lot about these other

1539

01:04:22,090 --> 01:04:19,580

fields like magic and NLP and that's

1540

01:04:24,010 --> 01:04:22,100

cool but we do so I think when you're

1541

01:04:26,920 --> 01:04:24,020

putting the big puzzle together the good

1542

01:04:28,420 --> 01:04:26,930

doctors piece is definitely useful the

1543

01:04:30,970 --> 01:04:28,430

fact that his technique revolves around

1544

01:04:32,830 --> 01:04:30,980

rapid mental imaging is way more

1545

01:04:35,500 --> 01:04:32,840

interesting to me than the term hands-on

1546

01:04:37,900 --> 01:04:35,510

healing suggests and that was really the

1547

01:04:39,400 --> 01:04:37,910

aha moment where I thought okay this

1548

01:04:41,710 --> 01:04:39,410

fits right in with what a lot of higher

1549

01:04:43,060 --> 01:04:41,720

side guests talk about there is

1550

01:04:44,800 --> 01:04:43,070

something there when it comes to

1551

01:04:46,960 --> 01:04:44,810

strengthening your ability to clearly

1552

01:04:49,210 --> 01:04:46,970

visualize things and your meditation

1553

01:04:51,430 --> 01:04:49,220

practice your magical rituals whichever

1554

01:04:54,760 --> 01:04:51,440

you want to do or both and then getting

1555

01:04:56,740 --> 01:04:54,770

tangible real-world results obviously I

1556

01:04:58,870 --> 01:04:56,750

don't know exactly how it works but each

1557

01:05:00,640 --> 01:04:58,880

guest we have that has some new approach

1558

01:05:03,400 --> 01:05:00,650

to this realm gets us closer to

1559

01:05:05,530 --> 01:05:03,410

understanding it right so I loved it and

1560

01:05:07,450 --> 01:05:05,540

I think he's a fun guy on air noses

1561

01:05:09,550 --> 01:05:07,460

material well and hopefully you were

1562

01:05:12,160 --> 01:05:09,560

entertained and maybe even motivated to

1563

01:05:14,050 --> 01:05:12,170

dig deeper I am meaning to get the audio

1564

01:05:15,910 --> 01:05:14,060

CD and really put some effort into it

1565

01:05:17,500 --> 01:05:15,920

but I do think a person can put two and

1566

01:05:19,720 --> 01:05:17,510

two together just with what they heard

1567

01:05:22,060 --> 01:05:19,730

today and start experimenting whenever

1568

01:05:23,980 --> 01:05:22,070

they like and this is just a good goal

1569

01:05:25,600 --> 01:05:23,990

forming practice anyway I know a lot of

1570

01:05:27,580 --> 01:05:25,610

people who aren't happy in their current

1571

01:05:29,770 --> 01:05:27,590

place in life but they have no coals or

1572

01:05:32,230 --> 01:05:29,780

plans for fixing it they might have

1573

01:05:33,850 --> 01:05:32,240

watched nine hour-long episodes of

1574

01:05:36,100 --> 01:05:33,860

Westworld but when you ask them what

1575

01:05:38,200 --> 01:05:36,110

they want out of their life you get a

1576

01:05:39,700 --> 01:05:38,210

blank stare you're never going to make a

1577

01:05:41,410 --> 01:05:39,710

bad situation better if you're not

1578

01:05:43,240 --> 01:05:41,420

giving it your conscious attention and

1579

01:05:45,700 --> 01:05:43,250

maybe even the unconsciousness attention

1580

01:05:47,980 --> 01:05:45,710

so think deeply about what you want

1581

01:05:50,050 --> 01:05:47,990

picture it and start moving towards it

1582

01:05:52,240 --> 01:05:50,060

because I think the healing stuff is

1583

01:05:54,160 --> 01:05:52,250

great but I'm kind of more interested in

1584

01:05:56,500 --> 01:05:54,170

the mechanism itself and these other

1585

01:05:58,540 --> 01:05:56,510

applications of it and even if you try

1586

01:06:00,040 --> 01:05:58,550

this and you find that it quote doesn't

1587

01:06:02,830 --> 01:06:00,050

work are you really going to be mad

1588

01:06:04,120 --> 01:06:02,840

about taking the time to define your

1589

01:06:06,550 --> 01:06:04,130

goals wouldn't you be a little bit

1590

01:06:08,049 --> 01:06:06,560

better off anyway I really do think our

1591

01:06:10,809 --> 01:06:08,059

subconscious

1592

01:06:12,910 --> 01:06:10,819

wants to help us manifest reality it's

1593

01:06:15,939 --> 01:06:12,920

sitting right there just being

1594

01:06:18,699 --> 01:06:15,949

underutilized and maybe other spirits

1595

01:06:20,140 --> 01:06:18,709

are too just waiting in the wings but

1596

01:06:23,019 --> 01:06:20,150

you have to do that little bit of

1597

01:06:25,989 --> 01:06:23,029

preliminary work to engage those things

1598

01:06:27,699 --> 01:06:25,999

so all that said I do have a couple of

1599

01:06:29,620 --> 01:06:27,709

announcements now that we're two hours

1600

01:06:31,989 --> 01:06:29,630

deep into this thing smart way to

1601
01:06:34,599 --> 01:06:31,999
communicate with an audience right but

1602
01:06:37,359 --> 01:06:34,609
number one listeners sometimes ask me

1603
01:06:39,549 --> 01:06:37,369
about real meatspace meetups or some

1604
01:06:40,599 --> 01:06:39,559
type of hire site event and I think

1605
01:06:42,670 --> 01:06:40,609
we're going to test the waters a little

1606
01:06:44,349 --> 01:06:42,680
bit I'm actually going to be out in

1607
01:06:45,939 --> 01:06:44,359
Denver this weekend to hang out with a

1608
01:06:47,979 --> 01:06:45,949
couple of friends of mine one of them

1609
01:06:50,229 --> 01:06:47,989
being Kyle who long time higher side

1610
01:06:52,599 --> 01:06:50,239
listeners should remember of course he

1611
01:06:54,789 --> 01:06:52,609
recently joined me on the three-hour Q a

1612
01:06:56,769 --> 01:06:54,799
show I put up four plus people last week

1613
01:06:58,299 --> 01:06:56,779

it's his birthday and we're going to be

1614

01:06:59,769 --> 01:06:58,309

drinking a little drink smoking a little

1615

01:07:02,469 --> 01:06:59,779

smoke and going deep down the rabbit

1616

01:07:05,109 --> 01:07:02,479

hole pretty much all weekend but on

1617

01:07:07,870 --> 01:07:05,119

Friday specifically January 20th

1618

01:07:09,969 --> 01:07:07,880

[h__\h] inauguration day we're

1619

01:07:11,469 --> 01:07:09,979

letting any local higher side shatters

1620

01:07:13,390 --> 01:07:11,479

know that we will be at one of my

1621

01:07:15,939 --> 01:07:13,400

favorite Denver hangouts a place called

1622

01:07:17,739 --> 01:07:15,949

Mario's double daughters if you want to

1623

01:07:19,749 --> 01:07:17,749

come out and say hey we'll be there at

1624

01:07:21,370 --> 01:07:19,759

nine o'clock probably hang out for a

1625

01:07:23,709 --> 01:07:21,380

couple hours and just see if anyone

1626

01:07:25,359 --> 01:07:23,719

comes out it's not a big deal I'm not

1627

01:07:26,949 --> 01:07:25,369

speaking or anything I won't have a

1628

01:07:29,140 --> 01:07:26,959

table I'm not even telling them we're

1629

01:07:31,029 --> 01:07:29,150

going to be there super casual I

1630

01:07:32,739 --> 01:07:31,039

wouldn't expect a ton of people but it

1631

01:07:35,499 --> 01:07:32,749

does seem like we've had a few

1632

01:07:37,870 --> 01:07:35,509

confirmations via Facebook already so

1633

01:07:39,489 --> 01:07:37,880

we'll see how crazy it gets so there it

1634

01:07:41,439 --> 01:07:39,499

is we're going to test the higher side

1635

01:07:43,749 --> 01:07:41,449

Klout you can find out what I look like

1636

01:07:46,809 --> 01:07:43,759

I guess from Facebook if you need to and

1637

01:07:48,189 --> 01:07:46,819

just find me come on up and say hey

1638

01:07:49,959 --> 01:07:48,199

don't make it weird

1639

01:07:52,329 --> 01:07:49,969

I'm sure we'll all have a great time and

1640

01:07:54,459 --> 01:07:52,339

I hope to see you there also the Plus

1641

01:07:56,859 --> 01:07:54,469

forum is under construction we're in the

1642

01:07:59,589 --> 01:07:56,869

middle of porting over to a much more

1643

01:08:02,380 --> 01:07:59,599

robust forum platform and the new rule

1644

01:08:04,809 --> 01:08:02,390

going forward so that we can increase

1645

01:08:06,789 --> 01:08:04,819

participation on those forums is going

1646

01:08:09,429 --> 01:08:06,799

to be that if you sign up for THC plus

1647

01:08:12,429 --> 01:08:09,439

you're going to get a plus show login of

1648

01:08:14,499 --> 01:08:12,439

course and then a lifetime forum login

1649

01:08:16,539 --> 01:08:14,509

so even if you just sign up for a couple

1650

01:08:18,459 --> 01:08:16,549

of months listen to a few shows that you

1651

01:08:21,250 --> 01:08:18,469

were interested in and then cancel

1652

01:08:23,590 --> 01:08:21,260

you'll lose access to

1653

01:08:25,750 --> 01:08:23,600

show but you'll always be able to

1654

01:08:27,370 --> 01:08:25,760

participate in the higher side forums I

1655

01:08:29,410 --> 01:08:27,380

think that's a nice little bonus and

1656

01:08:31,450 --> 01:08:29,420

it's having a healthy amount of plus

1657

01:08:33,040 --> 01:08:31,460

memberships that allows me to do these

1658

01:08:35,860 --> 01:08:33,050

things and make the experience better

1659

01:08:38,020 --> 01:08:35,870

overall I did just put a lot of effort

1660

01:08:39,610 --> 01:08:38,030

into revamping the t-shirts and

1661

01:08:40,990 --> 01:08:39,620

launching the higher side clothing so I

1662

01:08:43,480 --> 01:08:41,000

could be putting out a better product

1663

01:08:45,790 --> 01:08:43,490

they're super happy with how that's gone

1664

01:08:49,210 --> 01:08:45,800

I think the designs are really amazing

1665

01:08:51,640 --> 01:08:49,220

and rival pretty much any t-shirt brands

1666

01:08:53,140 --> 01:08:51,650

designs that's out there and I can say

1667

01:08:54,970 --> 01:08:53,150

that without being a pompous [h__h]

1668

01:08:57,250 --> 01:08:54,980

because I didn't do the artwork I can't

1669

01:08:59,560 --> 01:08:57,260

draw anything I just think it's awesome

1670

01:09:01,420 --> 01:08:59,570

so there's that but I am now putting a

1671

01:09:03,490 --> 01:09:01,430

good chunk of money into rebuilding a

1672

01:09:05,980 --> 01:09:03,500

better forum and I've got quite a few

1673

01:09:08,470 --> 01:09:05,990

other lofty goals and ideas for this

1674

01:09:10,270 --> 01:09:08,480

thing so please sign up for the higher

1675

01:09:13,000 --> 01:09:10,280

side chests plus if you appreciate what

1676

01:09:15,460 --> 01:09:13,010

I do I say this all the time but we tip

1677

01:09:17,440 --> 01:09:15,470

waiters five bucks for a one hour meal

1678

01:09:20,890 --> 01:09:17,450

and that's all I ask for access to

1679

01:09:23,170 --> 01:09:20,900

literally everything I do I don't try to

1680

01:09:26,170 --> 01:09:23,180

sell you too hard I usually let the free

1681

01:09:27,550 --> 01:09:26,180

show portion go well over an hour I try

1682

01:09:29,740 --> 01:09:27,560

to be pretty cool with all this stuff

1683

01:09:31,510 --> 01:09:29,750

and I just hope that you'll be cool back

1684

01:09:33,190 --> 01:09:31,520

and then I can continue to make

1685

01:09:36,160 --> 01:09:33,200

improvements when I have that financial

1686

01:09:37,870 --> 01:09:36,170

fuel in the tank as for today's Plus

1687

01:09:39,490 --> 01:09:37,880

show anyone who heard the first hour can

1688

01:09:41,830 --> 01:09:39,500

probably guess where we went in a second

1689

01:09:43,600 --> 01:09:41,840

but we got deeper into the method dr.

1690

01:09:45,100 --> 01:09:43,610

Bengston has come up with and how it's

1691

01:09:47,230 --> 01:09:45,110

been applied just like his work as a

1692

01:09:49,090 --> 01:09:47,240

whole gives us insight into the

1693

01:09:50,950 --> 01:09:49,100

phenomenon itself and what's going on

1694

01:09:52,810 --> 01:09:50,960

getting into the details of the

1695

01:09:54,610 --> 01:09:52,820

individual studies he's done and the

1696

01:09:56,770 --> 01:09:54,620

different applications and trials

1697

01:09:58,060 --> 01:09:56,780

they've had it all helps to get your

1698

01:10:00,670 --> 01:09:58,070

mind around what I think is a

1699

01:10:02,890 --> 01:10:00,680

fundamental aspect of reality that we

1700

01:10:05,770 --> 01:10:02,900

either forgot or have been misdirected

1701

01:10:08,080 --> 01:10:05,780

from who knows how developed this was in

1702

01:10:10,150 --> 01:10:08,090

the past we have indications that the

1703

01:10:11,740 --> 01:10:10,160

ancients had some knowledge of this

1704

01:10:13,600 --> 01:10:11,750

stuff but who knows how far I could

1705

01:10:15,760 --> 01:10:13,610

really go if it got the right attention

1706

01:10:18,190 --> 01:10:15,770

in the modern world so if you'd like to

1707

01:10:19,690 --> 01:10:18,200

hear more of today's chat or any of the

1708

01:10:22,030 --> 01:10:19,700

several hundred I've done at this point

1709

01:10:25,390 --> 01:10:22,040

sign up at the higher side chats plus

1710

01:10:28,330 --> 01:10:25,400

calm and if you're in the Denver area on

1711

01:10:31,270 --> 01:10:28,340

inauguration day come out to Mario's

1712

01:10:33,430 --> 01:10:31,280

double daughters at 9:00 p.m. and let's

1713

01:10:35,110 --> 01:10:33,440

rage that's it for your humble host this

1714

01:10:37,450 --> 01:10:35,120

week we're getting

1715

01:10:39,340 --> 01:10:37,460

closer all the time but now it's your

1716

01:10:44,010 --> 01:10:39,350

move keepers of the consciousness secret

1717

01:10:48,430 --> 01:10:46,569

[Music]

1718

01:11:06,610 --> 01:10:48,440

baby

1719

01:11:07,080 --> 01:11:06,620

[Music]

1720

01:11:09,880 --> 01:11:07,090

I

1721

01:11:17,790 --> 01:11:09,890

[Applause]

1722

01:12:29,259 --> 01:11:27,950

[Music]

1723

01:12:29,269 --> 01:12:36,240

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